

CURRICULUM VITAE

2012

PANAYIOTIS D. TSITOURAS, M.D.

SOCIAL SECURITY NUMBER:	xxx-xx-6487
BIRTHDATE - LOCATION:	December 4, 1949 - Athens, Greece
CITIZENSHIP:	U.S.A.
MARITAL STATUS:	Married

EDUCATION:

Graduated from High School	6/1967
National University of Athens (Greece), Medical School, M.D. Degree	7/1973
POST-DOCTORAL TRAINING:	
Intern, Internal Medicine, Providence Hospital, Washington, D.C.	1/74-12/74
Resident, Internal Medicine, Providence Hospital, Washington, D.C.	1/75-6/76
Clinical (Visiting) Associate in Clinical Gerontology and Reproductive Endocrinology, National Institutes of Health, National Institute on Aging, Gerontology Research Center, Baltimore, Maryland	7/76-6/81
Endocrinology Fellow, Baltimore City Hospitals (Johns Hopkins School of Medicine Affiliated Hospitals), Baltimore, MD	7/76-7/80

FACULTY APPOINTMENTS:

National University of Athens, Medical School, Greece Teaching Assistant, Department of Histology	1968-1973
Johns Hopkins School of Medicine, Baltimore, MD Assistant, Department of Medicine Instructor in Medicine	1977-1980 1980-1981
Medical College of Wisconsin, Milwaukee, WI Assistant Professor of Medicine, Department of Medicine	1981-1984
New York Medical College, Valhalla NY Associate Professor of Medicine, Department of Medicine	1984-1990

Mount Sinai, School of Medicine, NY, NY Associate Professor of Geriatrics and Gerontology	1988-1998
University of Arkansas for Medical Sciences, Little Rock, AR Associate Professor of Medicine and Geriatrics	1998-2002
University of Oklahoma, College of Medicine, Oklahoma City, OK Associate Professor of Geriatric Medicine	2011-present

STAFF APPOINTMENTS:

Visiting Physician, Dept. of Gerontology, Baltimore City Hospitals, Baltimore, MD	1976-80
Associate Physician, Dept. of Medicine, Baltimore City Hospitals, Baltimore, MD	1980-81
Associate Attending Staff, Department of Medicine, Milwaukee County Medical Complex, Milwaukee, WI	1981-84
Associate Attending Staff, Froedtert Memorial Lutheran Hospital, Milwaukee, WI	1981-84
Staff Physician, Section of Geriatrics and Gerontology, Department of Medicine, Wood V.A. Medical Center, Milwaukee, WI	1981-84
Staff Physician, Endocrinology Section, Department of Medicine, Wood V.A. Medical Center, Milwaukee, WI	1981-84
Director of Research Development, Section of Geriatrics and Gerontology, Department of Medicine, Medical College of Wisconsin, Milwaukee, WI	1981-84
Associate Investigator, AOA Milwaukee Long-Term Care Gerontology Center, Milwaukee, WI	1981-83
Director, Geriatric Multidisciplinary Assessment Clinic, Section of Geriatrics and Gerontology, Wood V.A. Medical Center, Milwaukee WI	1981-84
Chief of Medical Services, Coler Memorial Hospital, Roosevelt Island, NY, NY	1984-86
Director of Gerontology, Coler Memorial Hospital, Roosevelt Island, NY, NY	2/84-11/84
Assistant Director, Center for Aging and Adult Development, New York Medical College, Valhalla, NY	1984-1988
Director, Department of Medicine and Gerontology, Coler Memorial Hospital, Roosevelt Island, New York, NY	1984-1986
Chief of Geriatric Research and Education, Department of Medicine, Metropolitan Hospital Center, New York, NY	1986-1988

Associate Chief of Staff for Geriatrics and Extended Care, Bronx VA Medical Center, Bronx, NY	1988-1996
Bronx VA Site Co-ordinator, Geriatric Medicine Fellowship Program of the Department of Geriatrics and Adult Development, Mount Sinai School of Medicine, NY, NY	1988-1998
Supervisor, Bronx VA Senior Medical Student Rotation in Geriatric Medicine, Department of Geriatrics and Adult Development, Mount Sinai School of Medicine, NY, NY	1988-1998
Medical Director, Nursing Home Care Unit, Bronx VA Medical Center, Bronx, NY	1988-1998
Medical Director, Home Based Primary Care, Bronx VA Medical Center, Bronx, NY	1988-1998
Associate, International Longevity Center, New York Academy of Medicine, NY, NY	1996-1998
Director, Geriatrics and Extended Care Programs, Bronx VA Medical Center, Bronx, NY	1996-1998
Attending Physician, Dept. of Geriatrics, University Medical Center, UAMS, Little Rock, AR	1998-2002
Attending Physician, Medical Service, VA Medical Center, North Little Rock, AR	1998-2001
Medical Director, Recuperative Care Unit, University Hospital, UAMS, Little Rock, AR	1998-1999
Director, Sexual Performance Assessment and Rehabilitation Clinic (SPARC), Dept. of Geriatrics, UAMS, Little Rock, AR	1998-2001
Physician-in-Charge for Logician implementation (computerization of care delivery at all levels of care)	2000-2001
Clinical Director, Kronos Longevity Research Institute, Phoenix, AZ	2001-2011
Co-PI in charge of Phoenix Site of the TEAAM, "Testosterone Effects on Atherosclerosis in Aging Men", multicenter national study, Bashin S PI	2003-2011
Unblinded Central Study Monitor KEEPS, "Kronos Early Estrogen Prevention Study", a nine university-based site collaborative national study	2005-2012
Attending Physician (Staff Endocrinologist), Endocrinology Service, VA Medical Center, Phoenix, AZ	2011-2012
Attending Physician, Geriatric Medicine, VA Medical Center, Oklahoma City, OK	2011-present

LICENSURE:

1973 - Athens, Greece
 1977 - Maryland (inactive)
 1981 - Wisconsin (inactive)
 1984 - New York (inactive)
 1998 - Arkansas
 2012 - Oklahoma

HONORS:

Greek State Scholarship (for academic performance) 1967-72

Advisor to the Special Senate Task Force on Depo-Provera
 use in Sexual Offenders, State of Wisconsin 1983-84

AMERICAN COLLEGE OF CLINICAL GERONTOLOGY:

Member, Board of Directors 1988-95

AMERICAN AGING ASSOCIATION:

Member, Awards Committee 1983-94

Member, Board of Directors 1985-94

Chair, Symposia Committee 1987-89

President-Elect & Co-chair of Annual Meeting Program Committee 1987-88

President 1988-89

Fellow 1990-

International Exchange Student:

Emory University Medical School, Department of Medicine, Atlanta, GA 1971

Hormone Research Laboratory; C.H. Li, Director; University of
 California, San Francisco Medical Center, San Francisco, CA 1972

Chairman, Session on: "Sleep and Aging", 41st Annual Scientific Meeting
 of the Gerontological Society of America, San Francisco, CA 1988

Chair, 2003 KLRI International Symposium on Biomedical Gerontology –
 "DIET, HEALTH, AGING and LONGEVITY: GOOD FAT, BAD FAT", Phoenix, AZ 2003

INVITED SPEAKER (Partial listing):

Annual Meeting of the American and Canadian Gerontological
 Societies, Toronto, CANADA 1981

52nd Annual Meeting of the American Assoc. of Physical Anthropologists,
 Indianapolis, IN 1983

13th Annual Meeting of the American Aging Association (AGE), Washington, DC 1983

15th Annual Meeting of the American Aging Association (AGE), San Francisco, CA 1985

New York Statewide Resource Center for Geriatric Education -
 Conference on Fellowship Training in Geriatrics, Albany, NY 1985

14th International Congress of Gerontology, Acapulco, Mexico	1989
3rd European Medical Students' Symposium and 3rd Greek Medical Students' Scientific Congress, Heraklion, Crete, Greece	1997
Pan-American Congress of Gerontology: Aging in the Americas, San Antonio, TX	1999
Annual Meeting of the American Geriatrics Society, Chicago, IL	2001
ILC / Canyon Ranch Consensus Conference on MASCULINE VITALITY: The Pros and Cons of Testosterone in Treating the Andropause	2002
2003 Annual Symposium on Biomedical Gerontology: Diet, Health, Aging and Longevity – Good Fat, Bad Fat	2003

PROFESSIONAL AND SCIENTIFIC ORGANIZATION MEMBERSHIP:

American Association for the Advancement of Science	1979
Gerontological Society of America	1980
American Federation for Clinical Research	1981
New York Academy of Sciences	1982
Endocrine Society	1982
American Aging Association	1985
American College of Clinical Gerontology	1987
Arkansas Medical Directors Association	2000
Arizona Geriatrics Society	2002
American Geriatrics Society	2005

EDITORIAL BOARD:

Geriatric Medicine Letter	1983-1998
AGE – Journal of the American Aging Association (Clinical Sciences)	1985-today
Clinical Geriatrics (AGS)	2006-today

JOURNAL REVIEWER:

Obstetrics and Gynecology,	1981-85
Journal of Clinical Endocrinology and Metabolism	1981-84
Clinical Geriatrics	2006-today
JAMA	2007

COMMITTEES: (partial listing)

Interdepartmental Geriatric/Gerontology Group for Research and Education, Medical College of Wisconsin, Milwaukee, WI	1981-84
Geriatric Committee, Wood V.A. Medical Center, Milwaukee, WI	1981-84
National Institutes of Health, National Institute on Aging, Special Reviewer for the Teaching Nursing Home Review Committee	1982
Chairman, Gerontology Coordinating Committee, Coler Memorial Hospital, Roosevelt Island, New York, NY	1984-86

Chairman, Bioethics Committee, Coler Memorial Hospital, Roosevelt Island, New York, NY	1985-86
Utilization Review Committee, Coler Memorial Hospital, Roosevelt Island, New York, NY	1984-86
Quality Assurance Committee, Coler Memorial Hospital, Roosevelt Island, New York, NY	1984-86
Executive Committee of the Medical Board, Coler Memorial Hospital, Roosevelt Island, New York, NY	1984-86
Bylaws Committee, Coler Memorial Hospital, Roosevelt Island, New York, NY	1986
Interdisciplinary Advisory Group, Center for Aging and Adult Development, New York Medical College, Valhalla, NY	1984-1988
Physicians' Advisory Committee, Home Care Program, Metropolitan Hospital Center, New York, NY	1986-1988
<i>Planning Committees for:</i>	
Conference on: "Contemporary Issues in Geriatric Medicine", Center for Aging and Adult Development, New York Medical College, Valhalla, NY	1984
Conference on: "Contemporary Health Care for the Elderly", Center for Aging and Adult Development, New York Medical College, and Coler Memorial Hospital, Roosevelt Island, NY, NY	1984
5th Annual Long Term Care Conference, NYC Health and Hospitals Corporation, the United Hospital Fund of New York, and Coler Memorial Hospital, New York, NY	1984
Conference on: "Aging and Cancer", Center for Aging and Adult Development, New York Medical College, and Coler Memorial Hospital, Roosevelt Isl., New York, NY	1985
Clinical Executive Board, Bronx V.A. Medical Center, Bronx, NY	1988-1998
Committee on Ethical/Clinical Issues, Bronx V.A. Medical Center, Bronx, NY	1988-1990
Chair, Hospital Based Home Care Advisory Committee, Bronx VA Medical Center, Bronx, NY	1988-1996
Home Based Primary Care Advisory Committee, Bronx VA Medical Center, Bronx, NY	1996-1998
Medical Executive Committee, Bronx V.A. Medical Center, Bronx, NY	1988-1998
Clinical Planning Committee, Bronx V.A. Medical Center, Bronx, NY	1993-1995

Medical Records Review Committee, Bronx V.A. Medical Center, Bronx, NY	1990-1998
Geriatrics & Extended Care Planning Council, VA VISN 3, New York	1996-1997
Kronos IRB, Deputy Chair	2007-2009

RESEARCH INTERESTS:

Aging of the Male and Female Reproductive System:

Hormonal physiology; aging associated pathophysiology; relationship of hormones and sexual activity; factors influencing sexual activity; investigate means for treatment of impotence in the aging men; hormone replacement studies.

Methods of extending the functional life span; preventive interventions and treatments that improve quality of life. Nutritional and Hormonal intervention studies.

Computers in Long Term Care: Clinical data bases, clinical protocols, infection control, quality assurance,

GRANTS (P.D. Tsitouras, Principal Investigator):

1. "Studies of the Effects of Aging on the Male Reproductive System", Veterans Administration -\$32,121 1982-83
2. "Studies of the Effects of Aging and "Agent Orange" Exposure on the Male Reproductive System. Double blind Testosterone Replacement Trial", Veterans Administration - \$17,500 1983-84
3. "Effects of Aging on the Male Reproductive System", Biomedical Research Support Grant, Medical College of Wisconsin - \$5,000 1981-82
4. "Effects of Aging on Male Fertility", Department of Medicine, The Medical College of Wisconsin -\$5,000 1983-84
5. "The Aging Male Reproductive System", Section of Geriatrics and Gerontology, The Medical College of Wisconsin - \$4,000 1983-84
6. "The Aging Male Reproductive System. Testosterone Replacement in Hypogonadal Men", Department of Medicine, The Medical College of Wisconsin - \$11,000 1984
7. "Effects of Illness on Sex Steroids in the Elderly Male", New York Medical College Funds - \$31,000/annum 1984-86
8. "Topical Use of Phenytoin in the Treatment of Cutaneous Ulcers", Zenith Laboratories - \$83,000 1986

9. "Geriatric Training and Research", Eastern Paralyzed Veterans Association, - \$81,000/annum 1988-97
10. "Computerization of Medical Records", Eastern Paralyzed Veterans Association, - \$5,000/annum 1989-97
11. Projects funded through the SCDRC at the Bronx VA (materials and personnel)
 - (a) Stimulation of hGH Secretion in Spinal Cord Injured Subjects 1990-91
 - (b) Hypothalamic-Pituitary-Testicular Axis Studies in Chronic SCI Patients 1991-92
12. "Effects of high omega-3 diets on Insulin Sensitivity and Endocrine Function in Men and Women over 60". – Aurora Foundation - \$140,000 2002-2005
13. "Investigation of Oxidative Damage Markers in Healthy Men and Women". Aurora Foundation. \$600,000 2002-2009
14. "Pilot Study: IGF-I response to Baclofen in Healthy Elderly", Aurora Foundation \$52,000. 2007-2009
15. "Testosterone Effects on Atherosclerosis in Aging Men (TEAAM)". Tsitouras PD Co-PI, Aurora Foundation - \$3,200,000 to Phoenix and Solvay Corp. \$2,400,000 to Boston. 2003-2011

PUBLICATIONS:

A. PEER REVIEWED PAPERS

1. **Tsitouras PD**, Kowatch MA, Harman SM: Age related alterations of isolated rat Leydig cell function: Gonadotropin receptors, adenosine 3', 5' monophosphate response and testosterone secretion. Endocrinology 105:1500-1505, 1979.
2. Harman SM, **Tsitouras PD**: Reproductive hormones in the aging men: I: Measurement of sex steroids, basal LH and Leydig cell response to hCG. J Clin Endocrinol Metab 51:35-40, 1980.
3. Harman SM, **Tsitouras PD**, Kowatch MA, Kowarski AA: Advantage of Florisil over charcoal separation in a mechanized testosterone radioimmunoassay. Clin Chem 26:1613-1616, 1980.
4. Mezey E, Potter JJ, Harman SM, **Tsitouras PD**: Effects of castration and testosterone administration on rat liver alcohol dehydrogenase activity. Biochem Pharmacol 29:3175-3180, 1980.
5. Mezey E, Potter JJ, **Tsitouras PD**: Liver alcohol dehydrogenase activity in the female rat: Effects of ovariectomy and estradiol administration. Life Sciences 29:1171-1176, 1981.
6. Harman SM, **Tsitouras PD**, Costa P, Loriaux DL, Sherins RJ: Evaluation of pituitary gonadotropic function in men: Value of LRH response vs. basal LH level for discrimination of diagnosis. J Clin Endocrinol Metab 54:196-200, 1982.
7. **Tsitouras PD**, Martin CE, Harman SM: Relationship of serum testosterone to sexual activity in healthy elderly men. J Gerontol 37:288-293, 1982.
8. Harman SM, **Tsitouras PD**, Costa P, Blackman MR: Reproductive hormones in aging men II: Basal pituitary gonadotropins and gonadotropin response to luteinizing hormone-releasing hormone. J Clin Endocrinol Metab 54:547-551, 1982.
9. Briefel GR, **Tsitouras PD**, Harman SM, Blackman MR: Abnormal Leydig Cell function in uremic rats: In vivo and in vitro evidence. Endocrinology 110:976-981, 1982.
10. Blackman MR, Briefel GR, **Tsitouras PD**, Harman SM: Excess IN VITRO secretion of free alpha subunit of the glycoprotein hormones by pituitary cells from chronically uremic rats. Endocrinology 110:1964-1971, 1982.
11. Schiedermaier DL, Duthie EH, Shelley MV, **Tsitouras PD**, Lund M, Gambert SR: Emergency detention of the elderly: Demographics, diagnoses and outcome. J Amer Geriat Soc 30:383-386, 1982.
12. Gambert SR, **Tsitouras PD**, Duthie EH: Physician's guide to the interpretation of laboratory tests in the elderly: Endocrine testing. Postgrad Medicine 72(4): 251-256, 1982.
13. Gambert SR, **Tsitouras PD**: Effect of age on nuclear triiodothyronine receptors in circulating human lymphocytes. AGE 6:76-77, 1983.

14. Duthie EH, Rabinovitch RA, Rose HD, **Tsitouras PD**, Gambert SR: Effectiveness of influenza vaccination in a long-term care setting. Wisconsin Medical Journal 83(2):11-12, 1984.
15. **Tsitouras PD**, Kowatch MA, Blackman MR, and Harman SM: In vivo chorionic gonadotropin administration reverses the testosterone secretory defect of Leydig cells from old rats. J. of Gerontology 39(3):257-263, 1984.
16. **Tsitouras PD**, Kowatch MA, Briefel GR, Harman SM, and Blackman MR: In vivo pretreatment with hCG fails to reverse dysfunction of isolated Leydig cells from chronically uremic rats. Biol. Of Reproduction 33:781-789, 1985.
17. Gambert SR, **Tsitouras PD**: Effect of age on thyroid hormone physiology and function. J Am Geriatr Soc. 33:360-5, 1985.
18. Blackman MR, Mukherjee A, **Tsitouras PD**, Harman SM: Decreased in vitro secretion of LH, FSH and free α -subunits by pituitary cells from male rats. Am. J. Physiol. 249 (Endocrinol. Metab. 12): E145-E151, 1985.
19. Blackman MR, **Tsitouras PD**, Harman SM: Reproductive hormones in aging men. III. Basal and LHRH-stimulated serum concentrations of the common α -subunit of the glycoprotein hormones. J Gerontol. 42:476-81, 1987.
20. **Tsitouras PD**: Effects of Age on Testicular Function. Endocrinology and Metabolism Clinics of North America 16(4):1045-1059, 1987.
21. Bauman WA, Spungen AM, Flannagan S, Zhong YG, Alexander LR and **Tsitouras PD**: Blunted growth hormone response to intravenous arginine in subjects with a spinal cord injury. Hormon. Met. Res. 26:149-153, 1994.
22. Bauman WA, Spungen AM, Zhong YG and **Tsitouras PD**: Chronic baclofen therapy improves the blunted growth hormone response intravenous arginine in subjects with spinal cord injury. J. Clin. Endocrinol. Metab. 78(3):1135-1138,1994.
23. **Tsitouras PD**, Zhong YG, Spungen AM and Bauman WA: Serum testosterone and insulin-like growth factor-I/growth hormone in adults with spinal cord injury. Hormon. Met. Res. 27:287-292, 1995.
24. **Tsitouras PD**: Myxedema Coma. Clinics in Geriatric Medicine 11(2):251-258, 1995.
25. **Tsitouras PD**, Bulat, T: The Aging Male Reproductive System. Endocrinol Metab Clin North America 24(2):297-315, 1995.
26. Harman SM, Liang L, **Tsitouras PD**, Gucciardo F, Heward CB, Reaven PD, Ping E, Ahmed A, Cutler RG: Urinary Excretion of Three Nucleic Acid Oxidation Adducts and Isoprostane $F_{2\alpha}$ Measured by Liquid Chromatography-Mass Spectrometry in Smokers, Ex-smokers, and Non-smokers. Free Rad Biol Med 35:1301-1309, 2003.
27. Asthana S, Bhasin S, Butler RN, Fillit H, Finkelstein J, Harman SM, Holstein L, Korenman SG, Matsumoto AM, Morley JE, **Tsitouras P**, Urban R: Masculine vitality: pros and cons of testosterone in treating the andropause. J Gerontol A Biol Sci Med Sci 59(5):461-5, 2004.

28. **Tsitouras PD**, Gucciardo F, Salbe AD, Heward C and Harman SM: High Omega-3 Fat Intake Improves Insulin Sensitivity and Reduces CRP and IL6, but Does Not Affect Other Endocrine Axes in Healthy Older Adults. Hormon. Met. Res. 40:199-205, 2008.
29. Traustadottir T, **Tsitouras PD**: Prescribing Exercise for Older Men. Clin Geriatrics 17(7):42-47, 2009.
30. **Tsitouras PD**: COUNTERPOINT: Testosterone Therapy in Older Men: Not Ready for Prime Time Yet. Clin Geriatrics 17(7):25-27, 2009.
31. Salbe AD, Johnston CS, Buyukbese MA, **Tsitouras PD**, Harman SM: Vinegar lacks antiglycemic action on enteral carbohydrate absorption in human subjects. Nutr Res. 29(12):846-9, 2009.
32. **Tsitouras PD**: Microangiopathic Complications of Diabetes: Diabetic Peripheral Neuropathies. Clin Geriatrics 18(8):41-44, 2010.
33. Traustadottir T, **Tsitouras PD**: The Role of Exercise and Supplements in the Management of Type 2 Diabetes. Clin Geriatrics 18(10):22-27, 2010.
34. **Tsitouras PD**, Gucciardo F, Harman SM: A GABA Agonist does not Increase IGF-I levels in healthy older men and women (in preparation).
35. **Tsitouras PD**, Heward CB, Su Y, Gucciardo F, Harman SM: Effect of Age and Gender on Urinary Excretion of Oxidative Damage Markers in Healthy Men and Women (in preparation).

B. BOOK CHAPTERS AND REVIEWS

1. Tsitouras PD: Male Reproductive System. In: Human Histology, Edited by Professor A.N. Contopoulos, Athens, National University of Athens, 1971 (in Greek).
2. Drucker WD, Duck SC, Gambert SR, Tsitouras PD: ROUNDTABLE: Sexual aspects of endocrinopathies. Medical Aspects of Human Sexuality 16(6):60L-60FF, June 1982.
3. Barzel U, Gambert SR, Tsitouras PD: Endocrinology and Metabolism in the Elderly. Contemporary Geriatric Medicine 1:243-297, 1983.
4. Tsitouras PD, Alvarez RR: Etiology and Management of Sexual Dysfunction in Elderly Men. Psychiatric Medicine 2(1):43-55, 1984.
5. Seaton TB, Bergman M, Price WS, Tsitouras PD: Endocrinology and Metabolism in the elderly. Contemporary Geriatric Medicine 2:273-329, 1986. Plenum Medical Book Co., New York, 1987, pp. 148-156.
6. Tsitouras PD: Sexual Dysfunction in Elderly Men. In: Handbook of Geriatrics, S.R. Gambert Ed., Plenum Medical Book, New York, 1987, pp. 183-188.
7. Tsitouras PD: Clinical Problems of the Climacteric. In: Handbook of Geriatrics, S.R. Gambert Ed., Plenum Medical Book Co., New York, 1987, pp. 188-193.

8. Tsitouras PD: Decubitus Ulcers. Contemporary Geriatric Medicine 3:373-391, 1988.
9. Tsitouras PD and Gupta K: Diabetic Complications; Diabetic Neuropathy. In: Diabetes Mellitus in the Elderly, SR Gambert, Ed., Raven Press, New York, 1990, pp. 135-150.
10. Tsitouras PD: Sexuality in an Aging Population. Senior View 1(2):3, 1998.
11. Tsitouras PD: Update on Sexuality. Aging Arkansas 11(12):19, 1998.
12. Tsitouras PD: Sex After Sixty-Five. Geriatric Rounds 1(2):1-3, 1999.

C. ABSTRACTS (partial listing)

1. * Tsitouras PD, Kowatch MA, Harman SM: hCG responsiveness of Leydig cells isolated from old rats. 31st Annual Meeting of the Gerontological Society, Dallas, TX, 1978, p. 134.
2. * Harman SM, Tsitouras PD: Pituitary gonadotropins in men: Alterations of secretory function during aging. 31st Annual Meeting of the Gerontological Society, Dallas, TX, 1978, p. 80.
3. * Tsitouras PD, Martin CE, Harman SM: Relationship of testosterone to sexual activity in aged men. Clin Res 27(2):425A, 1979.
4. * Harman SM, Martin CE, Tsitouras PD: Aging, sex steroid, and sexual function in healthy men. 61st Annual Meeting of the Endocrine Society, Anaheim, CA, 1979, Abstract #132.
5. * Tsitouras PD, Kowatch MA, Harman SM: Gonadotropin receptors, cAMP response and testosterone secretion in isolated rat Leydig cells. Conference on the Endocrine Aspects of aging. Bethesda, MD, 1979.
6. * Harman SM, Martin CE, Tsitouras PD: Gonadotropins, sex steroids, and sexual activity in healthy men. Conference on the Endocrine Aspects of Aging. Bethesda, MD, 1979.
7. * Briefel GR, Tsitouras PD, Blackman MR, Harman SM: Abnormal Leydig cell function in uremic rats: In vivo and vitro evidence. Clin Res 28(2):256A, 1980.
8. * Mezey E, Potter JJ, Tsitouras PD: Effects of castration on liver alcohol dehydrogenase and ethanol elimination. Clin Res 28(2):484A, 1980.
9. * Tsitouras PD, Kowatch MA, Harman SM: hCG reverses secretory defect in Leydig cells from old rats. 62nd Annual Meeting of the Endocrine Society, Washington, DC, 1980, Abstract #26.
- 10.* Tsitouras PD, Martin CE, Harman SM: Serum testosterone and sexual activity in elderly males. 33rd Annual Meeting of The Gerontological Society, San Diego, CA, 1980.
- 11.* Blackman MR, Briefel GR, Tsitouras PD, Harman SM: Excess IN VITRO secretion of free α -subunits by pituitary cells from uremic rats. Clin Res 29(2):288A, 1981.
- 12.* Harman SM, Tsitouras PD, Martin CE: Relationship of aging, sex hormones, and sexual activity in healthy American men. 5th World Congress of Sexology, Jerusalem, Israel, 1981.

- 13.* Gambert SR, Brazel U, Robbins D, Tsitouras PD: Aging and the endocrine system. 34th Annual Scientific Meeting of the Gerontological Society of America, Toronto, Canada, 1981.
- 14.* Tsitouras PD, Kowatch MA, Briefel GR, Harman SM, Blackman MR: In Vivo hCG administration reverses the decreased serum levels but not the Leydig cell secretory defect in chronically uremic rats. 64th Annual Meeting of the Endocrine Society, San Francisco, CA, 1982, Abstract #474.
- 15.* Blackman MR, Tsitouras PD, Costa PT, Harman SM: Basal and LRH-stimulated levels of a LH- β , and FSH- β subunits in serum of healthy men: Alterations with advancing age. Clin Res 30(3):684A, 1982.
- 16.* Tsitouras PD: Aging and Sex hormones in men. Am J Physical Anthropology 60(2):262-263, 1983.
- 17.* Gambert SR, Duthie EH, Tsitouras PD, Basu SN: Periodic medical evaluation in the nursing home: Academically affiliated and community based. 40th Annual Scientific Meeting of the American Geriatric Society, New York, NY, 1983.
- 18.* Tsitouras PD, Sonstein J, Gambert SR: Fertility parameters in healthy elderly men. 13th Annual Meeting of the American Aging Association (AGE), Washington, D.C., 1983, (Abstract #34).
- 19.* Tsitouras PD, Sonstein J, Tate P, Alvarez R, Gambert SR: Sperm quantity and quality in healthy elderly men. 36th Annual Meeting of the Gerontological Society, San Francisco, CA, 1983. (Abstract #223).
- 20.* Gambert SR, Tsitouras PD: Effect of age on nuclear triiodothyronine receptors in circulating lymphocytes. 36th Annual Meeting of the Gerontological Society, San Francisco, CA, 1983. (Abstract #154/25).
- 21.* Tsitouras PD, Hagen TC: Testosterone, LH, FSH, Prolactin and sperm in aging healthy men. 7th International Congress of Endocrinology, Quebec City, Canada, 1984. (Abstract #1951).
- 22.* Gambert SR, Tsitouras PD: Aging and Hormonal Action: Clinical implications (Symposium). 13th International Congress of Gerontology, New York, NY, USA, 1985.
- 23.* Cheung T, Tsitouras PD: Chronic Care of patients with AIDS. International Conference on AIDS, Paris, France, 1986.
- 24.* Tuckman J, Fischer A, Tsitouras PD: Treatment of spasm with α -2 adrenergic agonists in patients with central and spinal cord lesions, 20th Annual Meeting of the American Aging Association, New York, NY, 1990.
- 25.* Tuckman J, Fischer A, Tsitouras PD: Alpha-2 Agonists and Spasticity in Paralyzed Man. Annual Meeting of the American Paraplegia Society, Las Vegas, NV, 1991.
- 26.* Bauman WA, Flannagan S, Zhong YG, Spungen AM and Tsitouras PD: Reduced basal somatomedin C levels and blunted growth hormone response to intravenous arginine in subjects with spinal cord injury. 74th Annual Meeting of the Endocrine Society, 1992, (Abstract # 488).
- 27.* Bauman WA, Flannagan S, Zhong YG, Tsitouras PD: Blunted growth hormone response to intravenous arginine in subjects with spinal cord injury. 19th Annual Meeting of the American Spinal Cord Assoc. 16:115, 1993.

28.* Alexander LR, Bauman WA, Zhong YG, Flannagan S, and Tsitouras PD: Depressed human growth hormone response to intravenous arginine after spinal cord injury. 39th Annual Conference of the American Paraplegia Society 16:245, 1993.

29.* Bauman WA, Flannagan S, Zhong YG, Alexander LR and Tsitouras PD: Chronic baclofen therapy improves the blunted growth hormone response to intravenous arginine in subjects with spinal cord injury. 75th Annual Meeting of the Endocrine Society, 1993, (Abstract #694).

30.* Feiner C, Mulvihill MN, Taylor BR, Bauman WA, Smith HJ, Weintraub EH and Tsitouras PD: Twenty-five hydroxyvitamin D in elderly nursing home residents in New York City. 50th Annual Session of American Geriatrics Society / American Federation of Aging Research, New Orleans, LO., November 1993.

31.* Bauman WA, Zhong YG, Alexander LR and Tsitouras PD: Serum testosterone levels are depressed in subjects with spinal cord injury. 20th Annual Meeting of the American Spinal Injury Association, 1994.

32.* Tsitouras PD, Zhong YG, Spungen AM and Bauman WA: Serum testosterone and growth hormone/IGF-I levels in subjects with spinal cord injury and ambulatory controls. 40th Annual Meeting of the American Paraplegia Society, 1994.

33.* Bulat T, Tsitouras PD, Drexler H, Spungen A, Bauman WA : Hypothalamic-pituitary-testicular axis in chronic spinal cord injured subjects. 41st Annual Meeting of the American Paraplegia Society, 1995.

34.* Tsitouras PD : Geriatrics, Gerontology and their Role in the Health Care System. 3rd European Medical Students' Symposium & 3rd Greek Medical Students' Scientific Congress, 1997.

35.* Tsitouras PD, Gucciardo F, Salbe AD, Harman SM: High Omega-3 Oral Intake Improves Insulin Sensitivity but Does Not Affect Other Endocrine Axes in Older Healthy Adults. 87th Annual Meeting of the Endocrine Society, 2005, (Abstract #P3-412).

36.*Tsitouras PD, Heward CB, Su Y, Gucciardo F, Harman SM: Effect of Age and Gender on Urinary Excretion of Oxidative Damage Markers in Healthy Men and Women. Annual Meeting of the Gerontological Society, Washington, DC, 2008.

37.*Tsitouras PD, Gucciardo F, Harman SM: A GABA Agonist does not Increase IGF-I levels in healthy older men and women. 92nd Annual Meeting of the Endocrine Society, 2010, San Diego, CA.

* Indicates papers presented or accepted for presentation