

## ATTENTION DEFICIT HYPERACTIVITY DISORDER (ADD / ADHD)

Children with ADD/ADHD may:

- ◆ find it difficult to pay attention
- ◆ have difficulty following through on instructions
- ◆ have problems finishing tasks
- ◆ think before acting
- ◆ find it hard to stay seated
- ◆ have difficulty waiting his/her turn
- ◆ find playing quietly a challenge

### INFORMATION SHEETS:

[Does my child have ADHD](#)  
[Evaluating your child for ADHD](#)  
[How to Establish a School Home Report Card](#)  
[Homework Tips](#)

### PARENT RESOURCES:

ADDitude Magazine for People with ADHD <http://www.additudemag.com>

CHADD (Children and Adults with Attention Deficit/Hyperactivity Disorder) web-site link  
<http://www.chadd.org/>

CHADD Information sheets: the following information sheets are found at this link  
<http://www.help4adhd.org/en/about/wwk>

- #1. Disorder named AD/HD
- #2. Parenting a Child with AD/HD
- #3. Managing Medication for Children and Adolescents with ADHD
- #4. Educational Rights for Children with AD/HD in Public Schools
- #5. AD/HD and Co-Existing Disorders
- #5a. AD/HD and Coexisting Conditions: Tics and Tourette Syndrome
- #5b. AD/HD and Coexisting Conditions: Disruptive Behavior Disorders
- #5c. AD/HD and Coexisting Conditions: Depression
- #5d. AD/HD and Coexisting Conditions: AD/HD, Sleep and Sleep Disorders
- #6. Complementary and Alternative Treatments
- #6s. Deciding on a Treatment for AD/HD (short version)
- #6a. Complementary and Alternative Treatments: Neurofeedback (EEG Biofeedback) and AD/HD
- #7. Psychosocial Treatment for Children and Adolescents with AD/HD
- #7a. Behavioral Treatment for Children and Teenagers with AD/HD (short version)
- #8. AD/HD Predominantly Inattentive Type
- #20A. AD/HD and Teens: Information for Teens
- #20B. AD/HD and Teens: Information for Parents

Parent Child Interaction Therapy (PCIT) [link to our PCIT page](#)

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