Practical and Philosophical Considerations for the Treatment of Traumatic Injuries During War and Peace Time

Thursday, October 8
12:00—1:00 p.m.
Samis Education Center, Level B, Room B3
1200 Children’s Avenue, Oklahoma City, Oklahoma
Parking is convenient and free at the Samis Education Center for all attendees.
Map: http://www.samiseducationcenter.com/
For information and accommodations: 271-4468

The OU College of Medicine designates this live activity for a maximum of 1 AMA PRA Category 1 Credit.

PMP: It’s the Law

Art Rousseau, MD
Clinical Professor
Department of Psychiatry & Behavioral Sciences, OUHSC
Chair, Legislative Committee, Oklahoma Psychiatric Physicians Association

Thursday, October 12
12:00—1:00 p.m.
Samis Education Center, Rainbolt Auditorium
1200 Children’s Avenue, Oklahoma City, Oklahoma
Parking is convenient and free at the Samis Education Center for all attendees.
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Lenore Arlee, LCSW, has joined the department as a faculty member in the child and adolescent group. Ms. Arlee previously worked at the University Counseling Center on the Norman Campus and as a social worker at Norman Regional Health System. Her areas of interest include substance abuse, gender identity issues, racial/cultural minorities, and couples and family therapy.
### Monthly Meetings

- **Jan. 3**
  - **12:15**
  - Education Council (WP 3460)

- **Jan. 5**
  - **12:00**
  - Morbidity and Mortality Conference (WP 3460)

- **Jan. 10**
  - **4:00**
  - Research Council (WP 3360)

- **Jan. 11**
  - **1:00**
  - Clinical Council (WP 3460)
  - **2:00**
  - Administrative Advisory Council (WP 3350)

- **Jan. 17**
  - **12:00**
  - General Residency Training Program (WP 3460)

- **Jan. 18**
  - **12:00**
  - VA Mental Health Council (VAMC, 8A165)
  - **12:5**
  - Child Mental Health Services (Family Therapy Rm)
  - **1:00**
  - Child Residency Training Committee (WP 3031)

- **Jan. 19**
  - **12:00**
  - Journal Club (WP 3460)

- **Jan. 24**
  - **12:15**
  - Clinical Training Committee (Psychology Internship and Postdoctoral Fellowship, CH2B 2410)
  - **8:00**
  - Executive Committee (WP 3460)

### Grand Rounds

- **Grand Rounds: Morbidity & Mortality Conference**
  - **12:00-1:00** (WP 3460)
  - **Moderator:** Phebe Tucker, MD
  - **Thursday, October 15 (Journal Club):** "Role of Dialectical Behavior Therapy in Borderline Personality Disorder," Kanwaldeep Dhillon, MD, Resident Physician, PGY II, Psychiatry & Behavioral Sciences.

  Attendance at Journal Club and M&M Conference is limited to full-time Psychiatry faculty, residents, and fellows.
Publications


Highlighted Teaching Activities

**Terry Cline, MD, Lecturer, “State of the State’s Health,” Patients, Physicians & Society I, October 5.**

(Gerard Clancy, MD, OU-Tulsa Lecturer)

**Britta Ostermeyer, MD, MBA, Lecturer, “Systems and Levels of Mental Health and Substance Abuse Care,” Patients, Physicians & Society I, October 12.**

**Jim Scott, PhD, Lecturer, “Optional Exam Review Block I,” Patients, Physicians & Society I, October 19.**

**Jim Scott, PhD, Lecturer, “PPS-I Exam I,” Patients, Physicians & Society I, October 21.**

**Phebe Tucker, MD, Lecturer, “Introduction to Psychiatry and DSM-5,” Neurosciences, October 29.**

**Susan Daily, M.D.** (left) is pictured with Oran D. Beaulieu, Director of Red Lake Nation Comprehensive Health Services, and Connie Berg, Division of Rehabilitation Services. Dr. Daily recently participated in a Committee on Native American Child Health (CONACH) site visit to Red Lake Nation (Band of Chippewa) in Red Lake, Minnesota for the American Academy of Child and Adolescent Psychiatry (AACAP). Dr. Daily has been appointed to a second term on the AACAP Diversity and Culture Committee and is the incoming co-chair of the Native American Child Committee. In addition, she serves as a mentor with the AACAP mentoring program.

**Congratulations!**

**Marcia Cordry, RN**, volunteer Clinical Assistant Professor, received a 2015 Nurse of the Year award in the Behavioral Health category from the March of Dimes at their recent awards ceremony on September 17. The March of Dimes Awards and Recognition committee, comprised of nurses from all backgrounds, blind-reviewed nearly 500 applications for the 20 category awards presented.
Ongoing

A Suicide Reduction Model for Jails and Correctional Institutions (article; Dukes/Ostermeyer and open to trainees)

Introduction of the CIWA Protocol for Acute Alcohol Withdrawal (Dukes/QI project open to trainees)

Introduction of a Delirium Protocol to Decrease Morbidity and Mortality (Dukes/QI project open to trainees)

Streamlining an Inpatient Consultation Psychiatry Service by Removing Unnecessary Barriers to Communication (Dukes/QI project open to trainees)

Resilience and Stress—Inoculation: Practical and Philosophical Considerations for the Treatment of Traumatic Injuries during War and Peacetime. (Dukes/presentation slated for resiliency conference in Germany in July 2016; open to trainees)

Outcomes for Brain Mapping in Awake Craniotomy for Glioma Resection (Scott and the Neuropsychology, Neurosurgery, Neuro-Oncology Research Group)

Katrina Survivors’ Emotional and Neurobiological Responses (Tucker; funded by OCAST)

Subjective Stress and Group Cohesion in Medical Students: Comparing Traditional and Revised, Systems-Based Basic Sciences Curricula (Tucker)

Long-term Impact of Terrorism on Health and Healing (Tucker with the Oklahoma State Department of Health)

Minding Medicine: Subjective Stress and Help Seeking in U.S. Medical Students (Tucker; Rachel Zettl, MSIV)

Prevalence of Depression and Anxiety in Phase I Clinical Trial Oncology Patients at an Academic Cancer Center (Tucker and Natalie Kurkjian PGYII)

Pediatric Autoimmune Neuropsychiatric Disorders associated with Streptococci Infections (PANDAS) (Daily/Dhillon/Li)

Bruxism (Czapla/Zheng with mentors Daily/Masood)

LGBT Suicide (Hawks/Daily)

Suicide Risk (Deshpande)

Child Trauma and Disaster (Pfefferbaum)

Coping with Bullying: Resilience and Coping Intervention (Allen/Pfefferbaum)

Concluded

Alcohol Withdrawal Delirium: Case Report (Dukes/Ostermeyer Case report with Andrey Khalafian PGY III; closed)

TCA Overdose: Case Report (Dukes/Ostermeyer with Kevin Li MSIV, Mohammad Javed PGYII; closed)

NMS Due to Sinemet Withdrawal: Case Report (Dukes/Ostermeyer with Ambreen Rahman PGYII; closed)

Hypertensive Encephalopathy: Case Report (Dukes/Ostermeyer with Christopher Czapla PGYIII; closed)

Acute Catatonia: Case Report (Dukes/Tucker with Andrey Khalafian PGYIII; closed)

Suicide reduction model for jails and correctional institutions (Dukes/Ostermeyer/Loper; poster presentation at the 2015 meeting of the American Association of Psychiatry and the Law; closed)

Stalking and Violence (Ostermeyer/Sorrentino/Hatters-Friedman; closed)

Depression and Decision-Making Capacity (Ostermeyer/Dukes/Shah; closed)

Neuropsychological Testing for Psychiatrists (Ostermeyer/Scott/Shah; closed)

Medical Decision making Capacity in Depression (article; Ostermeyer/Dukes with Araceli Flores and Asim Shah; closed)
1st Place: Team 6 with 58 points: Dr. Natalie Kurkjian—Dr. Julio Rojas—Dr. Kevin Watson
2nd Place: Team 3 with 46 points: Dr. Russell Adams—Kelsey Henson—Lori Nicholson
3rd Place: Team 1 with 44 points: Dr. Charles Dukes—Sarah Hamilton—Dr. Jim Scott—Andie Stringfellow
4th Place: Team 5 with 41 points: Dr. Tarandeep Grewal—Jamie Schrewsbury—Deborah Sweeden
5th Place: Team 4 with 34 points: Dr. Chris Czapla—Elizabeth Hayes—Justin Hopkins
6th Place: Team 2 with 30 points: Suzie Camacho—Dr. Margo Shultes—Dr. Phebe Tucker

The Departmental Retreat was held September 12 at the Oklahoma City Zoo. Thank you to all who attended!
Grand Rounds Conferences
Information and Accommodations: 405) 271-4468
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October 8
12:00-1:00 pm—Samis Center—Level B, B3
“Practical and Philosophical Considerations for the Treatment of Traumatic Injuries During War and Peace Time”
Charles H. Dukes, MD
Professorship of Psychiatric Education
Clinical Assistant Professor and Director, General Psychiatry Residency Program
Department of Psychiatry & Behavioral Sciences, OUHSC

October 14
“Neuropsychological Assessment with Children”
Ashley Miller, MS
Psychology Intern
Department of Psychiatry and Behavioral Sciences

October 22
12:00-1:00 pm—Samis Center—Rainbolt Auditorium
“The PMP: It’s the Law”
Art Rousseau, MD
Clinical Professor
Department of Psychiatry & Behavioral Sciences, OUHSC
Chair, Legislative Committee, Oklahoma Psychiatric Physicians Association
Chairman of the Council, Oklahoma State Medical Association

October 16
NO SEMINAR

October 23
“Sex Addictions and Sex Offender Treatment”
Valerie J. Lewis, LPC, LADC, LSOTP
Executive Director
Cornerstone Counseling and Consulting, Inc.
Oklahoma City, Oklahoma

October 30
“Neurobiology of Addiction Disorders”
Elizabeth A. Foote, MD
Clinical Assistant Professor
Medical Director, OU Physicians ExecuCare
Department of Psychiatry and Behavioral Sciences, OUHSC

SUBMISSIONS OR QUESTIONS: Maggie-Montgomery@ouhsc.edu • (405) 271-5233 • www.oumedicine.com/psychiatry
October 13, 2015

“Managing Stress, Building Resilience: An Experiential Introduction to Mind-Body Medicine”

Dr. Aviad Haramati, PhD, Georgetown University School of Medicine

Location: Samis Center Conference Room B1&2; Level B

Video Conference Location: Room 2B19

2:00PM – 4:00PM Workshop

4:00PM – 5:00PM Implementation discussion for Program Directors

Approximately one-half of all physicians experience burnout, and this can lead to changes in the patient-provider relationship and can adversely impact on the quality of care. In response, various groups are developing interventions with medical students, residents and faculty to address the rise in burnout and the decline in professional resiliency. Keys to this work are themes of self-awareness, mindfulness and exploring domains of control and meaning in the clinical encounter. The goal of this 2 hour workshop is to introduce participants to several mind-body medicine skills (such as autogenic training and mindfulness meditation) as experiential exercises and thereby gain insight to their impact and utility.

♦ ♦ ♦ ♦

October 15, 2015

Steve Haist, MD, NBME Vice-President of Test Development Services

Location for both sessions: Samis Center Conference Room B1&2; Level B

Video Conference Location (for both sessions): Room 2B19

12:00PM – 1:00PM “Writing Quality Multiple Choice Questions”

(Lunch & Learn session with a light lunch provided). Writing high quality multiple-choice questions (MCQs) is essential in developing reliable examinations. Common flaws in writing MCQs, writing vignette-based questions, and an introduction to construct irrelevant variance will be discussed.

1:00PM – 2:00PM “An Update on the Comprehensive Review of USMLE”

The USMLE underwent a thorough review beginning in 2004 and in 2009 five recommendations were accepted by governance. The five recommendations and the changes in the USMLE as a result of the review will be discussed.

♦ ♦ ♦ ♦

Please direct all questions and RSVPs to:

Sara Bellatti, MS

Coordinator, Academy of Teaching Scholars

Ext. 48510

Sara-bellatti@ouhsc.edu or AcademyofTeachingScholars@ouhsc.edu

SUBMISSIONS OR QUESTIONS: Maggie-Montgomery@ouhsc.edu • (405) 271-5233 • www.oumedicine.com/psychiatry
The University of Oklahoma’s Emergency Communication System (ECS) enables the University to send time-sensitive notifications about emergency situations to all students, faculty, staff, and identified campus affiliates. It is up to you to provide and confirm the contact information for the messages to reach you. The messages will provide information and instructions for action during a given situation. The effectiveness of the ECS is dependent on the accuracy of the contact information in the system. It is suggested that you enter a personal cell phone number as your primary cell phone and that you select the “Text Message” option for this number. (Please note that you may incur additional charges for text messaging on your cell phone depending on your service provider.) Contact information from the campus information systems is transmitted nightly to the ECS to update the system. This information will not be shared with other entities and it will be kept private and confidential.

HSC Employees and Students Self-Service:  
(http://www.ouhsc.edu/selfserve.aspx)

The ECS uses contact information from the appropriate campus information applications to send the emergency notifications. This means you could receive a voice message on your cell phone, an e-mail message to your mailbox, and a text message to your cell phone based on the information you provide. Other additional contacts such as a home phone or alternate cell phones would also receive the messages.

Faculty, Staff, Patients, and Visitors in the Williams Pavilion
(Take emergency kits and sign-in lists which are stored in each area)

Campus Maps: http://www.ouhsc.edu/map.aspx

Designated Evacuation Locations
- **Fire**: Second Floor, Bird Library *(do not use elevators to exit Williams Pavilion)*
- **Severe Weather**: Tunnel between Basic Sciences Medical Building and the Bird Library*
- **Bomb Threat**: College of Dentistry Building

*In case of severe weather after 6:00 pm, go to the center hallway in the lowest level of the Williams Pavilion.*

Evacuation of Ambulatory Persons
- Evacuate the building through the nearest available exit that is safe to use
- Shut doors but do not lock them
- Walk to designated location (see above)
- Assemble and sign in with your designated person
- Return only when it is determined safe to do so

Evacuation of Non-Ambulatory Persons
Go to the northwest stairwell in the Williams Pavilion where firefighters and other support personnel will assist going down the stairs OR go by elevator if it can be done safely. Do not use elevators if fire is suspected. Use the southwest stairwell if the northwest stairwell is inaccessible.