The summer is flying by! We have endured it all this summer—first heat and now rains! Our new residents are doing a great job in the ORs thus far. The hole in the ground for the new patient tower is beginning to fill up. 2020 will be here before we know it!

Premier Consulting ends next week, so we hope to have reports coming back soon.

We are in the final stages of population both our OUMI and DUP organization charts, so please stay tuned for that info.

We have four Pediatric faculty joining in July & August, one Pain and two general faculty joining in September and three adult offers pending. We also have several faculty applicants visiting.

We have five nurse anesthetists joining us between October and February 2019, with additional applicants (two new grads and three experienced).

Many thanks to all who help us recruit!

Stay cool and hydrated!

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Anesthesiology Extern Program: An Opportunity for Medical Students

For nearly all medical students, the field of anesthesiology is one of the more challenging specialties to gain exposure to throughout medical school. Unfortunately, at many schools, anesthesia rotations are only offered as an elective during the clinical years, while at other schools it may not be offered at all. Additionally, it tends to be an abbreviated experience compared to many of the other rotations. This poses a problem to numerous medical students who are interested in learning more about what anesthesiologists do and what the field of anesthesia has to offer. The Department of Anesthesiology at the University of Oklahoma addressed this challenge through the creation of an anesthesiology extern program to broaden exposure and opportunities in the field of anesthesiology. This article will explain the extern program and the benefits it provides students with the intent to educate and possibly inspire medical students to advocate at their home institutions for the creation of a similar program. The anesthesiology extern program runs throughout the year and is offered to incoming third year through fourth year medical students. The program is taken concurrently with students’ clinical rotations, as shifts are completed during evening hours on weekdays and on Saturdays. On weekdays, one student is assigned to the adult trauma operating rooms, and one student is assigned to the obstetric unit. On Saturdays, one student floats between pediatrics, obstetrics, and trauma. Participating student externs must apply and be accepted into the program at the beginning of each year. Accepted student externs then go through a training process to familiarize them with the operating room and anesthesiology equipment and to teach them duties that must be completed each shift...

To read the entire article from which this is excerpted see the ASA MSC Newsletter Summer 2018.

Catching Up With Our CRNAs - Paige Higley MSNA, CRNA & Samuel S Adhikari, DNP, CNRA

Notice to prospective CRNAs: A German Shepherd is required for work at OU! Kidding, but it is something our two newest additions have in common.

Paige became a CRNA because she always admired the CNRAs she encountered when she worked in CVICU. Once she began shadowing, she knew it was the path for her. In her time with us so far, Paige is enjoying the diversity of experiences and cases she gets to work on, as well as getting to know her anesthesia colleagues. So far she feels challenged by the layout of the hospital and has to resist trying to track down the person who designed it to figure out exactly what they were thinking! Paige serves as an officer in the Army Reserve, so a good portion of her free time is spent with that commitment. She also enjoys reading, traveling, scuba diving, Backstreet Boys karaoke (the cat is out of the bag on that now forever!), and spending time with her German Shepherd.

Samuel became a CRNA because of his regard for the profession as one of the most highly skilled in healthcare. He loves striving to render the highest level of care during the most trying times for patients, while also working to strike the delicate balance between the science and the art of maintaining normal physiological processes. He has enjoyed a warm welcome from the department and the transition from school to professional life has been smooth with the help of his colleagues. As a new employee, the most challenging aspect of joining OU has been navigating through the campus, but he’s getting the hang of now. Samuel enjoys the unique challenges that come from each case being distinct. When he’s not busy here on campus, he is spending time with his family—his wife, two daughters, and German Shepherd, Kyra; enjoying such activities as hiking, swimming, and travelling.
Staff Status – Susan VanGundy, MBA

If you haven’t visited the administrative offices in the past few months, you haven’t seen our new signage inclusive of photos. We’re very proud of the signage and the personality it brings to our department. We’d love nothing more than to have your input! There are eight frames surrounding ‘OU Physicians Anesthesiology.’ We’d really like to showcase the many aspects of our department by framing photos of our leadership, physicians, residents, CRNAs, PAs, NPs, and staff; working hard, learning, and playing. We plan to switch out the photos every few months, so that we can include as many of those who make up our department as possible. Dr. Kosik has taken some wonderful photos, some of which are currently hanging. Others we’ll use in the coming months. But, Dr. Kosik can’t be in all places at all times, which is where each of you come in. We’re all camera ready, as we have our phones with us almost always, so if you see something photo worthy, snap a picture and send it to me. Just remember, we can’t include the general public, patients, or patient identifying information in the photos. All of us who are employees though are fair game. So, start snapping photos, send them to me and then drop by the admin offices every few months to check out the newest pics! Who knows, maybe next year’s awards will include one for the best photo!

Resident Reflection – Geekapalooza 2018 with Kaitlyn Kulesus, DO

Dr. Kulesus was among a number of Anesthesiology residents who worked with faculty members Drs. Handley and Roberts on an interactive Anesthesiology station at Geekapalooza, an event to cultivate interest in STEAM (science, technology, engineering, art, and math) held in June at the Oklahoma School of Science and Math and co-hosted by Girl Scouts of Western Oklahoma and MetroFamily Magazine.

Dr. Kulesus really loved that this event allowed kids to get hands on experience with anesthesia equipment that most people who don’t go into medicine may never have the opportunity to see or play with. She hopes that this experience will help show them that jobs in the medical field are accessible to everyone and will help them start visualizing themselves in roles like doctors and CRNAs. She reports that the kids went crazy over getting to intubate the dummy with the Glidescope. They especially loved getting to drive the endotracheal tube while watching it with the Glidescope video screen—not so far off from the videogame playing many likely do. The parents seemed enthralled as well watching their kids get such up close experience with medical procedures. Dr. Kulesus reflects that getting kids interested in STEAM from an early age is great, but most often they’re just reading books or watching videos about these options, and this event was able to take things to the next level by letting them help see the application of science in a hands-on setting. Instead of sitting in school wondering whether they will actually use what they’re learning in science class in the ‘real world,’ this event helped make connections between what they’re learning now and their futures. The feedback from participants was that the medical room and the hands on Anesthesiology table was the best of the day! Thanks to all involved. We’ll be back next year! Check out event photos on the next page
New Case Report Consent Form:

As of August 2018, there is a new departmental consent form required for case reports. The main difference you will notice is that we have moved from 2 forms (one for text and one for images) to 1 form that can function for both or either. With the help of Jill Raines, JD-Assistant General Council & University Privacy Official and her staff we have created what we hope will be a streamlined, clearer consent form that is a 2 for 1 and more thoroughly covers types of images that you might be using in your case reports.

The checkable boxes indicate consent to use images as described:

- Photograph(s)
- Medical imaging: [For example: CT, MRI, PET, PET-CT, Ultrasound, X-Ray]

The other new/different part of the form you may notice is the following section added and required by the university to list specific diseases, substance abuse, or mental health diagnoses. Please note that it specifics records or N/A MUST be listed.

*The information authorized for release may include information which may indicate the presence of a communicable or non-communicable disease. It may also involve records regarding the use of alcohol and/or drugs or mental health.*

I agree that the following substance use disorder records: __________________ (list specific records here, i.e. “Treatment records from June 2016”) may be used by OU for the above purposes. If no substance use disorder records will be released, please write “none” or “N/A.”

*Please be sure to fill out the “Title” section of the form. The title on the form need not be the final title of the case report, but the working title should clearly state the TOPIC of the intended report in order to be sure that the case being written up is the same one that was consented to.*

Please direct any questions to Amir Butt or Fakhida Kahn. Please send original hard copies of completed consent forms to Kate Strum via campus mail (WP 1140). She stores all hard copies and will create an electronic copy for departmental records and get use when the form is needed for publication.
Catching Up With Featured Faculty Member - Joe Sisk, MD

Dr. Sisk is originally from St. Louis, but has lived all over since graduating from high school. He did his undergraduate work in Kansas City, MO and Washington, DC. He attended medical school in Toledo, OH and stayed for residency before heading north to Michigan for his fellowship. Now in OKC at his first “big kid job,” Dr. Sisk is enjoying the Midwest feel that reminds him of St. Louis and respite from the Ohio and Michigan winters.

Dr. Sisk loves his job—he gets to take care of kids and it’s rarely boring! However, it can be stressful. On top of production pressure, it’s almost always high stakes. Working with kids, the highs are higher, but the lows are also lower. After about two years with us here at OU, it’s the people that keep him coming back each day, between his patients, colleagues, and learners from students through fellows.

When he’s not doing what he loves at work, he’s spending time with his three pups, trying new restaurants and unwinding with video games—anything from Halo to Skyrim. He also enjoys superhero movies and Star Wars, and has a borderline unhealthy Lego obsession. His builds include the 7500+ piece Millennium Falcon!

Dr. Sisk and his wife are headed out on the open road this summer—first to Wichita, then Kansas City to catch a concert and a Cardinals v. Royals game, then to St. Louis to see family and more Cardinal’s, and finally Tulsa on the way home. Though he’s a lover of many foods, Dr. Sisk has to settle on pizza as his top priority—NY and Chicago style. A little known, but very awesome fact about Dr. Sisk is that he donated bone marrow to a little girl with SCID in 2011 and stays in touch with her family via email. After a rough post-transplant course, she is now thriving!

ALUMNI UPDATE! - Michael Roberts, MD

This issue we’re checking in with Michael Roberts, MD, who completed his residency in 2013. Dr. Roberts is an Anesthesiologist with US Anesthesia Partners at Integris Baptist Medical Center. He also works with us here at OU as Outreach and is involved in working on legislative issues with the Oklahoma Society of Anesthesiologists as PAC chairman. In reflecting back on his residency and what takeaways were most beneficial to his career he reports that the complex neurosurgical anesthesia training had a huge benefit. He works on complex neurosurgery cases in his current role and feels that his training at OU more than prepared him for those cases. The pediatric case load has increased dramatically at Baptist over the last few years and Dr. Roberts is grateful for the preparation he got with the pediatric anesthesia faculty during his residency.

Residency is only four years, but memories last a lifetime. Dr. Roberts remembers one of his most interesting moments that came during his CA-1 year when he was called to the ICU to help with the airway of a 500+ pound patient who was coding. After multiple failed intubation attempts he performed a cricothyrotomy. His attending was there and didn’t know he had done three years of general surgery training prior to his anesthesia residency, so it gave the attending quite a surprise!
BLOCK OF THE QUARTER

with Ronald Powell, MD

This block is an US guided erector spinae performed by CA3 James Sweet. It is a great alternative to a paravertebral. In the original article, this block at T5 covered T2-T9. This was T7. In this picture the Tranverse process is labeled TP, erector spinae, ES and needle with arrows. You can’t see the pleura in this picture but it should be well out of range of an accidental puncture.

Notice the shallow needle angle which allows good visualization of the needle and decreases chance of accidental pneumothorax that you get with paravertebral.

The original article used 20cc of .25% Bupi and we used 20cc of .2% Ropi bilaterally, injected between TP and ES muscle. Be sure to get under the posterior fascia of ES or no there will be no block effect.

This is also a great alternative to a thoracic epidural. We placed ES catheters on a patient having a Whipple who rated her pain zero to two for four days. A great new block.


Happy Retirement, Dr. Elwood!
Thank you for 25+ years of service!

Congrats, Dr. Nicolescu, on your STRATI honorary membership!

Drs. Biggs, Kosik, & Vo representing OU at the Stanford Simulation Instructor Course in July!

Faculty 4th at The Ozcans’
**Kay’s Award-Winning Mexican Layer Dip**

1-2 cans refried beans  
1 container of sour cream (sometimes I will mix with Fiesta ranch dip)  
Salsa  
Shredded Lettuce  
Chopped tomatoes  
Sliced green onions  
Shredded cheese  
Olives (optional)

>Use an 8X9 pan. Start with beans, then layer sour cream, salsa, shredded lettuce, tomatoes, onions, and cheese on top. Enjoy!

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**Welcome Aboard To Our New Hires**

**Faculty**
- Jared Petter, MD  
- Shashank S. Shettar, MD  
- Hamid Vahabzadeh-Monshie, MD

**Associate Faculty**
- Samuel Adhikari, CRNA

**Staff**
- Phyllis Melton, Patient Account Rep IV  
- Melissa Smith, Patient Account Rep III

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**Save These Dates!**

**MOCA:** Aug 26 (Sunday), Sept 15, Nov 3, (Gale Gwin)  
**ACLS:** Oct 20, Dec 1 (Gale Gwin)  
**2019 RESIDENT GRADUATION:** Saturday, June 22nd 2019
Ashley Bailey-Classen, DO - Pain Medicine Fellowship, Cleveland Clinic, Cleveland, OH
John Crowe, MD - Assistant Professor, University of Cincinnati, Cincinnati, OH
Jeffrey Foster, DO - Pain Medicine Fellowship, University of Kansas, Kansas City, KS
Bradley Goodsell, DO - Private Practice, Phoenix, AZ
Lauren Hill, MD - Regional Fellowship, Andrews Institute, Pensacola, FL
William Jay Johnson, MD - Department of Anesthesiology, VA Medical Center, Oklahoma City, OK
Aaron Llewellyn, MD - Private Practice, Integris Baptist Medical Center, Oklahoma City, OK
David Luu, MD - Critical Care Fellowship, Duke University, Durham, NC
Joan Strong, MD - Pediatric Anesthesiology Fellowship, Children’s Mercy Hospital, Kansas City, MO
Wissam Tobe, MD - Pediatric Anesthesiology Fellowship, Cincinnati Children’s Hospital, Cincinnati, OH
Ryan Vincent, MD - Pain Medicine Fellowship, University of Toledo, Toledo, OH
Clairese Webb, MD - Pain Medicine Fellowship, University of Oklahoma, Oklahoma City, OK

Nathan Overbey, MD (Pain Medicine Fellow) - Private Practice, Oklahoma Pain Center, Oklahoma City, OK
Jared Petter, MD (Pediatric Anesthesiology Fellow) - Assistant Professor, University of Oklahoma Dept. of Anesthesiology, Oklahoma City, OK
RECOGNITION & AWARDS

Special Recognition-Pediatric Anesthesiology: Rebecca Trip, CRNA; Sarah Early, PA; Joan Strong, MD; Suanne Daves, MD

Special Recognition-Adult Anesthesiology: Brittany Hyde, CRNA; Shelley Holland, NP; Ashley Bailey-Classen, DO; Ronald Powell, MD

Recognition for Extraordinary Efforts in Recruiting: Ronald Powell, MD; Stephen Rhodes, MD

Exceptional Service Award-Anesthesiology Simulation: Neeti Kohli, MD

Outgoing AIG Officers–President: Peter Shin, MD & Jordan Phillips, MD / Vice-President: Jacob Byers, MD

2018-2019 AIG Officer-President: Garrett Sutton, Secretary: Kailee May, Treasurer: Richard Spangler, Stu-CoRep: Arrash Allahyar

Outgoing Chief Externs: James Paul, MD & Tyler Phillips, MD

2018-2019 Chief Externs: Ryan Mitchell & Erin Shirley

Extern Teaching Award for each quarter: Bradley Goodsell, DO; Kaitlyn Kulesus, DO; Matthew Moore, MD; Andrew Pontikes, MD

Carmack Award: James Paul, MD

Kumar Award: Kaitlyn Kulesus, DO

Sears Award: Ronald Powell, MD

Chairman’s Award: Kofi Vandyck, MD

Resident Academic Award: Aaron Llewelyn, MD

Plewes Award: Ashley Bailey-Classen, DO

Incoming Chief: Ian Gray, MD

Incoming Co-Chief: David Fish, MD
BEST WISHES TO THE CLASS OF 2018!
(THANKS TO DR. VO FOR SPONSORING THE PHOTO-BOOTH!)