

Book 2: Recommended Routines Survey

Please complete and turn in to your PCEP Coordinator

Hypertensive Disorders of Pregnancy

Recommended Routines

All the routines listed below are based on the principles of perinatal care presented in the unit you have just finished. They are recommended as part of routine perinatal care.

Read each routine carefully and decide whether it is standard operating procedure in your hospital. Check the appropriate blank next to each routine.

Procedure Standard in My Hospital	Needs Discussion by Our Staff	
_____	_____	1. Establish guidelines for the consistent classification, and reclassification if condition changes during pregnancy, of pregnant women with hypertension as having <ul style="list-style-type: none"> • Chronic hypertension • Hypertensive disorders of pregnancy, including <ul style="list-style-type: none"> – Gestational hypertension or transient hypertension of pregnancy – Preeclampsia – Preeclampsia with severe features – Eclampsia – HELLP syndrome • Preeclampsia superimposed on chronic hypertension
_____	_____	2. Establish written instructions for the home care of women who develop hypertension during pregnancy, including a list of findings to report to their health care professional.
_____	_____	3. Establish guidelines for the assessment of women admitted to the hospital for evaluation of preeclampsia.
_____	_____	4. Establish guidelines for the immediate stabilization of a woman who has rapidly worsening preeclampsia or eclampsia.
_____	_____	5. Establish a protocol for response to maternal seizure(s) due to eclampsia.
_____	_____	6. Establish guidelines for intravenous infusion of <ul style="list-style-type: none"> • Magnesium sulfate • Antihypertensive medication
_____	_____	7. Establish guidelines for postpartum assessment for every woman whose pregnancy was complicated by hypertension.

Obstetric Hemorrhage

Recommended Routines

All the routines listed below are based on the principles of perinatal care presented in the unit you have just finished. They are recommended as part of routine perinatal care.

Read each routine carefully and decide whether it is standard operating procedure in your hospital. Check the appropriate blank next to each routine.

Procedure Standard in My Hospital	Needs Discussion by Our Staff	
_____	_____	1. Develop a system whereby an emergency cesarean delivery can be started within 30 minutes from the time the decision to operate is made, at any time of the day or night, any day of the week.
_____	_____	2. Develop a system whereby an emergency hysterectomy can be carried out urgently at any time of day or night, any day of the week.
_____	_____	3. Establish guidelines for the emergency treatment and stabilization of women with <ul style="list-style-type: none"> • Obstetric hemorrhage of unknown origin • Bleeding placenta previa • Placental abruption • Disseminated intravascular coagulation • Postpartum hemorrhage
_____	_____	4. Establish a routine to ensure the prevention or early detection of postpartum hemorrhage for every woman, including <ul style="list-style-type: none"> • Administration of uterotonic medication following placental delivery • Visual inspection of the placenta • Visual inspection of the birth canal • Intensive monitoring during first postpartum hour
_____	_____	5. Establish written instructions for obtaining blood components quickly, 24 hours a day, 7 days a week. If your blood bank maintains all blood products in-house, develop a massive transfusion protocol.
_____	_____	6. Develop flow diagram(s) for quick and clear recording of events and actions during crisis management of <ul style="list-style-type: none"> • Severe antepartum obstetric hemorrhage • Disseminated intravascular coagulation • Severe postpartum hemorrhage

Perinatal Infections

Recommended Routines

All the routines listed below are based on the principles of perinatal care presented in the unit you have just finished. They are recommended as part of routine perinatal care.

Read each routine carefully and decide whether it is standard operating procedure in your hospital. Check the appropriate blank next to each routine.

Procedure Standard in My Hospital	Needs Discussion by Our Staff	
_____	_____	1. Establish a system to ensure use of standard precautions by all staff members.
_____	_____	2. Establish a written protocol to obtain lower vagina and rectal cultures for group B β -hemolytic streptococci from all women at 35 to 37 weeks' gestation (unless a woman had an earlier baby with group B β -hemolytic streptococcal infection or had group B β -hemolytic streptococci bacteriuria in current pregnancy).
_____	_____	3. Establish a written protocol for prenatal and intrapartum management for the prevention of neonatal group B β -hemolytic streptococcal infection.
_____	_____	4. Establish a policy to screen <i>all</i> women early in pregnancy for <ul style="list-style-type: none"> • Bacteriuria • Gonorrhea and chlamydia • Hepatitis B virus • HIV • Syphilis
_____	_____	5. Establish a protocol for treatment of bacteriuria, whether symptomatic or asymptomatic.
_____	_____	6. Establish a system for timely transfer of information about possible or proven maternal infections to neonatal practitioners.
_____	_____	7. Establish written guidelines for isolation of <ul style="list-style-type: none"> • Women with active genital herpes and their babies • Babies with congenital rubella • Women with active tuberculosis and their babies • Women with varicella-zoster infection, or recent exposure, and their babies

- _____ 8. Establish written guidelines or protocol orders for
 - Prophylactic eye care of all newborns
 - Newborns at risk for chlamydial conjunctivitis
- _____ 9. Establish a policy to ensure administration of
 - Hepatitis B virus vaccine to *all* babies, with first of 3-dose series given soon after birth and prior to discharge (See Book III: Neonatal Care, Unit 8, Infections.)
 - Hepatitis B virus vaccine (first dose) and hepatitis B immune globulin to preterm and term babies born to women positive for hepatitis B surface antigen, given within 12 hours of birth
- _____ 10. Establish a system to ensure maternal serologic status for syphilis is known for *every* newborn before discharge.

Other High-risk Conditions

Recommended Routines

All the routines listed below are based on the principles of perinatal care presented in the unit you have just finished. They are recommended as part of routine perinatal care.

Read each routine carefully and decide whether it is standard operating procedure in your hospital. Check the appropriate blank next to each routine.

Procedure Standard in My Hospital	Needs Discussion by Our Staff
--------------------------------------	----------------------------------

- | | | |
|-------|-------|--|
| _____ | _____ | 1. Establish a system of prenatal consultation and referral, as appropriate, for the <ul style="list-style-type: none"> • Evaluation and care of high-risk pregnant women • Evaluation and care of at-risk or sick fetuses • Anticipated care of at-risk or sick newborns |
| _____ | _____ | 2. Attempt a trial of labor after cesarean delivery only when physician(s), anesthesia staff, and neonatal staff are immediately available to provide emergency care, possible hysterectomy, and neonatal resuscitation. |