INTERNERSHIP IN
CLINICAL PSYCHOLOGY

2016-2017

THE UNIVERSITY OF OKLAHOMA HEALTH SCIENCES CENTER,
DEPARTMENT OF PSYCHIATRY AND BEHAVIORAL SCIENCES
INTERNSHIP CONSORTIUM

OU Medical Center
Veteran’s Affairs Medical Center

PLEASE VISIT OUR WEBSITE AT THE ADDRESS LISTED BELOW

http://www.oumedicine.com/psychiatry/training-programs/clinical-psychology-internship

P. O. Box 26901, WP 3440

Revised 10/24/2016
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Ambulatory Mental Health Clinic (AMHC)

Family Mental Health Program (FMHP)

Geropsychology (Community Living Center and Palliative Care)

Health Psychology Clinic

Neuropsychology – Veteran’s Administration

Psychiatry Inpatient Unit

Primary Care Mental Health

Psychosocial Rehabilitation and Recovery Center

Substance Abuse Treatment Center (SATC)

Trauma and Deployment Recovery Services (TDRS)

TRAINING ACTIVITIES

Seminars

Case-Centered Psychotherapy Seminar

Intern Assessment Seminar

The Department of Psychiatry Behavioral Medicine Grand Rounds

Parent-Child Interaction Therapy (PCIT) Seminar

OUTPATIENT PSYCHOTHERAPY ACTIVITIES

SUPERVISION

Evaluation Policies and Procedures

Psychology Training Faculty (PTF)

INTERN STIPENDS, BENEFITS, AND SUPPORT

DEPARTMENT OF PSYCHIATRY AND BEHAVIORAL SCIENCES

FULL-TIME FACULTY 2016-2017
Thank you for your interest in our Internship. We hope this brochure will inform you as a prospective intern about our general internship-training program in clinical psychology.

Our predoctoral internship program has nine positions, begins July 1st of each year, and continues one calendar year through June 30. Applicants to the internship must be in good standing in an APA-approved doctoral program in clinical or counseling psychology and must have completed at least two years of graduate study leading to a doctoral degree. We do not accept applicants from school psychology, social psychology, or industrial/organizational programs. The internship also considers postdoctoral applicants who qualify for a one-year internship. The postdoctoral applicant’s training must conform to the guidelines established by the APA Council of Representatives, in that the applicant must be enrolled in a university APA-approved program of postdoctoral education for retraining in clinical or counseling psychology. VA funded interns must be U.S. citizens, but other positions do not require U.S. citizenship. In addition to our internship, we also have two separately APA-accredited postdoctoral psychology training programs, which can be found on the following links:

- Postdoctoral Fellowship in Clinical Psychology (approximately 13 fellows)
- Postdoctoral Fellowship in Clinical Neuropsychology (3 fellows)

Application Information
Our program participates in the selection procedure as suggested by the Association of Psychology Internship Centers (APPIC). All site visits are on an invitation-only basis.

As an APPIC member, we use the standard AAPI on-line application process. Each applicant is to submit a complete set of application materials on AAPI online. The application **deadline is November 8**. A fully completed application set includes:

1. **Standard On-line APPIC Application**
2. **Letter of Interest**

In your letter of interest which is part of the Standard online application, please indicate your top two rotation choices out of the 29 that we offer. Put this information in bold print near the top of your interest letter. This information will help us in setting up your onsite interviews. We want you to be able to interview with faculty that most closely share you professional interest.

Note that we have 5 different funding sources. These funding sources are as follows:

1. Veterans Administration
2. Clinical Neuropsychology
3. Child Clinical Psychology (Center for Child Abuse and Neglect/ Child Study Center)
4. Pediatric Psychology/ Children's Hospital of Oklahoma
5. HRSA- Adult, Child and Family Primary Care

You can apply to 1, 2, or all five funding sources. List your desired funding sources in bold print near the top of your interest letter. You will only be considered for the funding sources that you list in your letter of interest.
The name and address of the Intern Training Director:

Jim Scott, Ph.D., ABPP-CN
Director of Internship and Clinical Postdoctoral Training Programs
The University of Oklahoma Health Sciences Center
Department of Psychiatry and Behavioral Sciences
Internship Consortium
P. O. Box 26901, WP 3440
Oklahoma City, Oklahoma 73190-0901

A selection committee will be reviewing each application. As we must limit the number of applicants who interview, all site visits are on an invitation-only basis. We normally notify all applicants selected for a site visit by December 1st. We normally complete all on-site interviews before February 1. We have Christmas holidays from December 24th through January 1st during which time we do not schedule visits. We normally schedule site visits at least two weeks in advance. Please plan to stay for a full day or most of the day. We suggest wearing comfortable shoes as the campus is large.

** IMPORTANT, REGARDING NOTIFICATION**
Due to issues with the notification process last year, it is highly encouraged for all applicants to check their spam and trash folders daily. Those applicants that have a gmail email account are known to have the most issue with the email notification. If you have an email account that is not gmail or gmail contracted, please submit that account so that we may have an alternate email account in which you may receive your notification of status from us.

Tentative On-Site Interview Dates

December 9, 2016
December 14, 2016
January 6, 2017

January 10, 2017
January 18, 2017

APPIC Match Policies
This internship site agrees to abide by the APPIC policies. No person at this training facility will solicit, accept or use any ranking-related information from any intern applicant.
The University of Oklahoma Health Sciences Center in Oklahoma City serves as the State's principal educational and research facility for health care professionals. The Colleges of Medicine, Dentistry, Nursing, Pharmacy, Public Health, Allied Health, and Graduate College are all located on the 200-acre Health Sciences complex. Also on campus are three hospitals; Veteran's Affairs Medical Center, Children's Hospital of Oklahoma and OU Medical Center Hospital; a medical library; and other federal, state, and private health care and research institutions. The campus' mission is three-fold: teaching, research, and patient care.

Located one mile south of the state Capitol and approximately two miles from the business and financial center of the city, the OU Health Sciences Center is easily accessible from anywhere in the metropolitan area.

The OU Health Sciences Center continues to expand its educational and treatment programs. With this growth has come the challenge and excitement of a growing medical center, committed to excellence in education, patient care, and biomedical research.

Oklahoma City

Oklahoma City, the capital of the state, is a Sunbelt city with approximately one million people in the metropolitan area. An interesting short description of Oklahoma City can be found on the following website: [http://www.youtube.com/watch?v=3GJIHhypBmU](http://www.youtube.com/watch?v=3GJIHhypBmU)

Oklahoma City boasts a pleasant climate with four distinct seasons, a low cost of living, and an abundance of diverse cultural opportunities. The “cost of living hotlink,” [http://www.homefair.com](http://www.homefair.com), gives a comparison between any two major cities in the United States. We encourage all applicants to go to this link and compare Oklahoma City’s cost of living with that of other cities where they may be applying. You will likely be pleasantly surprised.

The Oklahoma City Philharmonic Orchestra presents both classic and pop series with internationally renowned guest artists. Repertory companies offer a variety of stage presentations each season, and Ballet Oklahoma presents a popular and exciting series of performances as well.

If you enjoy the outdoors, Oklahoma City is the place to be. There are a multitude of parks, tennis courts, and golf courses, including Oak Tree Golf and Country Club, the site of a previous PGA Championship. Several lakes offer excellent opportunities for sailing, windsurfing, fishing, swimming, and picnicking. Oklahoma City is also home to Frontier City and White Water theme parks, and the Oklahoma City Zoo (one of the country's best "natural setting" zoos). Other attractions include the widely recognized National Cowboy and Western Heritage Museum; the beautiful Myriad Gardens/Crystal Bridge; the Omnidome Theater Kirkpatrick Science and Air Space Museum, a unique science and art attraction which includes the International Photography Hall of Fame, Kirkpatrick Planetarium, and Science Museum of Oklahoma; the Oklahoma City National Memorial; and the Oklahoma City Museum of Art.

Oklahoma City hosts several festivals and fairs annually. The Festival of the Arts displays the finest talents in visual, culinary, and performing arts, and has been designated one of the top ten outdoor festivals in the United States. The Red Earth festival is the largest national celebration of Native American culture, featuring the finest Native American dancers and artists from the U.S. and Canada.

Oklahoma City is home to a number of sports teams: A NBA Team - Oklahoma City Thunder, a minor league baseball team – the Oklahoma City Dodgers, and a United Soccer League team- Oklahoma City Energy FC.
You will find Oklahoma City a comfortable and affordable place to live, a desirable place to work, and a fun place to enjoy. Educational, recreational, and cultural opportunities abound. More importantly, you will discover the friendly and industrious people of Oklahoma will make wonderful neighbors and colleagues.

**PROGRAM OVERVIEW**

**The Setting**

This consortium internship program is offered through the Department of Psychiatry and Behavioral Sciences on the University of Oklahoma Health Sciences Center campus, located at 920 Stanton L. Young Blvd., Oklahoma City, Oklahoma. Consortium agencies include OU Medical Center, Children's Hospital of Oklahoma and its affiliated clinics and, Veteran's Affairs Medical Center. All consortium agencies are located together in a large medical complex. The internship first began in 1961 and received APA approval in 1962. It has been continually accredited since 1962 and is up for reaccreditation in late 2016.

The Department of Psychiatry and Behavioral Sciences has approximately 52 faculty members, including approximately 10 psychiatrists, 39 psychologists, and 3 psychiatric social workers. In addition, there are other supporting staff, such as psychometrists and psychiatric nurses. Faculty members from other academic departments also teach or provide supervision. There are approximately 19 psychologists in the Department of Pediatrics. All psychologists are on campus and most in full time positions. Altogether, there are approximately 52 on site psychologists participating in our training programs.

The department tries to offer all students, whether they be psychology interns, psychiatric residents, or medical students, repeated and intense exposure to all the disciplines in the mental health field; thus, the interns will receive most of their supervision from psychologists, as well as some supervision from psychiatrists and social workers.

**Philosophy and Goals and Objectives of Training**

Our program subscribes to the scientist-practitioner model. Although we believe the internship should be devoted primarily to clinical activities, science provides the backbone for much of our clinical practice. The majority of our faculty are involved in research projects. The core of the intern's training is in the clinical activities on the various rotations, and each intern will be active in a wide range of clinical activities. Our program is a General Internship, and as such, interns gain experience working with both adults and children. The term general internship is specifically defined to mean interns have experiences in psychotherapy/intervention and assessment with both children and adults. Our major goal is to prepare interns for the practice of professional psychology, particularly clinical and counseling psychology. The structure of our internship allows interns to focus on emphasis tracks in three areas: 1) general adult-clinical psychology, 2) pediatric and child clinical psychology, or 3) clinical neuropsychology, which meets the INS-Division 40 and Houston Conference guidelines for training in clinical neuropsychology while maintaining a general internship philosophy.

**Theoretical Orientation**

The theoretical orientation of the clinical training program is as diverse as the various contributing faculty members. This diversity is reflected in the specific rotations, which comprise the training program. It is the goal of the internship to provide a number of models for you to aid in your search for a professionally meaningful orientation or framework. To that end, the clinical psychology faculty are aware of and utilize a variety of techniques and approaches for understanding and effecting behavior (e.g., cognitive, dynamic, behavioral, family, group, etc.). Interns are encouraged to gain experience in these varied approaches from which we expect each intern will achieve some integration of theory and practice over the course of the internship year.
Our internship is designed to accomplish the following goals and objectives:

1. To prepare student for the practice of professional psychology, specifically clinical psychology and counseling psychology.
2. To accomplish the above mentioned outcomes the intern will:
   - Develop professionally (Objective 1)
   - Integrate science and practice (Objective 2)
   - Practice high ethical standards (Objective 3)
   - Be sensitive to cultural diversity issues (Objective 4)
   - Administer and interpret psychological assessment tools with both adults and children (Objective 5)
   - Apply therapeutic/ intervention approaches with both adults and children (Objective 6)

Program Experiences:
To accomplish the above mentioned goals the program is designed to provide the following experiences:

1. To provide the necessary professional experience, didactics, and supervision necessary for internship training to qualify the intern for licensure in any state the intern chooses.
2. To provide interns general internship training experiences. We specifically define general internship experiences as: (1) clinical experience working with patients in multiple settings, (2) clinical experience working with both adults and children, and (3) clinical experiences in psychotherapy/ intervention and in assessment with both children and adults.
3. Interns do not receive identical training. We provide interns the opportunity to make major and minor rotation choices depending on their training needs and areas of interest. The rotations cluster on three tracks; general adult, child psychology, pediatric and child psychology, and clinical neuropsychology (which meet the Houston Conference Guidelines).

Design of the Internship Program
The predoctoral internship is a general one designed to provide practical training in clinical or counseling psychology. An emphasis area in clinical neuropsychology, which meets the Houston Conference Guidelines, is available within the adult track.

General Adult Track
Approximately five pre-doctoral clinical interns are accepted each year from applicants who are doctoral candidates currently enrolled in or just completing a doctoral program in clinical or counseling psychology. The Adult focus interns primarily work with an adult population at the Oklahoma City VA Medical Center, but they are also required to have some experience with child and adolescent patients as minor rotations. There are approximately 16 different rotations available either as major or minor rotations on the adult track. Please see the Veteran’s Affairs Medical Center Section in this brochure for a detailed description of each of the rotations.
Clinical Child and Pediatric Psychology Track
Two predoctoral interns are accepted each year from applicants who are Ph.D. or Psy.D. candidates currently enrolled in or just completing a doctoral program in clinical or counseling psychology to pursue a general internship program with an emphasis track in pediatric and child clinical psychology. Opportunities in the pediatric and clinical child track includes: pediatric psychology/behavioral medicine, clinical child assessment and therapy, and child abuse and neglect. Adult experiences are also a part of this track.

Adult Neuropsychology Track
The OU Medical Center funds two interns in the neuropsychology emphasis track, which meets the Houston Conference Guidelines. Interns on the neuropsychology track will have exposure to both child/adolescent and adult populations. For a detailed description of the experiences available on adult neuropsychology track please see the Adult Neuropsychology Laboratory section at O.U. Medical Center and also the Neuropsychology Rotation at the Veterans Affairs Medical Center. Interns in this track frequently elect to take a minor neuropsychology rotation at the V.A.

Scope of the Internship Program
The form of the internship program reflects the program's current resolution of several dichotomies. One dichotomy is depth versus breadth of training. For many of you this will be your last major clinical experience before you receive your doctorate and begin functioning in the profession as a clinical psychologist. Although we offer you many learning experiences, including several types of clinical experiences, educational seminars, and opportunities to work with numerous faculty members, the year is not long enough to take advantage of all that is available. Even if it were possible to experience all that is available within the single year, it would not serve the goal of preparing you to operate as qualified professionals by simply offering a taste of many skills.

Currently, our program has both a rotational (breadth) and a longitudinal (depth) component. Each intern has three major rotations and 3 minor rotations with each rotation being of four months duration. Each major rotation involves 24 hours per week of clinical experience, while each minor rotation involves 12 hours per week. Each major and minor rotation is offered through OU Medical Center either at the VAMC, Children's Hospital, OU Presbyterian or through numerous clinics on the OUHSC campus.

In addition, we ask interns to devote some of their time throughout the year to (a) didactic/educational activities (6 hours/week) and (b) supervised psychotherapy with children and adults (5 hours/week). The didactic/educational activities include three required seminars and various elective seminars in emphasis areas of psychology, psychiatry, and medicine. Each intern receives at least three hours a week of individual supervision.

The supervised psychotherapy is in addition to other psychotherapy cases, which are part of the major and minor rotations. The intern selects one primary supervisor for the entire year. This long-term supervisory relationship provides you with the opportunity to develop long term therapy skills across the entire year. The type of cases an intern may select for supervision cover a broad range of psychopathology. This primary supervisor also serves as a mentor for the intern, helping the intern with professional and personal issues as they might arise during the course of the year.

An intern may pursue training in one of three emphasis areas of interest (e.g., adult clinical psychology, neuropsychology, or child clinical/pediatric psychology).

The second dichotomy addressed by the form of this internship is that of faculty-planned versus intern-planned programs. The question about who will plan the intern's year and who will decide what the intern will do is
answered by providing a program which is general in its requirements, allowing the intern to participate in designing his/her individual program.

We offer approximately 29 major and minor rotational settings from which the intern may choose. The intern's funding source partly affects the choice of rotation. That is, interns funded by University Hospital or by the Veteran's Affairs Medical Center spend their three major rotations at their respective funding agency. **We give major consideration to intern preference with regard to rotation selection.** We make every attempt to give priority to your training needs. Most interns are able to get the 3 major and 3 minor rotations of their personal choice. On most rotations, we assign only one intern for any given rotation. We do not determine minor rotations by funding source so minor rotations can be taken anywhere the intern chooses with a few exceptions mentioned later in this brochure.

This brochure, we hope, will give you an overview of our consortium as it is currently. We are proud of it and hope you will like it as well. Changes in any system as large as ours do occur over time, but we feel our current brochure outlines our current program at the time of printing.

**Major vs. Minor Rotations**

Providing interns with as much flexibility as possible in determining their internship experiences is a very high priority for us. With such a wide variety of choices, there are very few major areas in psychology which are not represented among the rotation placements. One of the frustrations of being in such a large comprehensive training center is certain choices must be made. By choosing one rotation, one must give up another rotation and this can be a frustrating experience, we have referred to this problem as a "kid in a candy store phenomenon". In fact, there are enough different possible rotations to fill several years' training experience. As an aside, we also have approximately 16 full-time psychology Postdoctoral Fellows (e.g. residents) at OUHSC. A total of 3 of these Postdoctoral Fellows are in Clinical Neuropsychology, 7 in Child and Pediatrics, and 6 in the VA. The interested applicant can check out our two websites for APA-accredited Clinical Neuropsychology Program or our Clinical Psychology Postdoctoral Fellow Program (which includes Adult and Child Clinical Psychology Fellowships). The website address for the Clinical Psychology Postdoctoral Fellowship is; [http://www.oumedicine.com/psychiatry/training-programs/fellowship-in-clinical-psychology](http://www.oumedicine.com/psychiatry/training-programs/fellowship-in-clinical-psychology) and for the Clinical Neuropsychology website is [http://www.oumedicine.com/psychiatry/training-programs/fellowship-in-neuropsychology](http://www.oumedicine.com/psychiatry/training-programs/fellowship-in-neuropsychology).

We try to give interns as much flexibility as possible in choosing which rotations they want. However, in any system there must be certain constraints. Although it is not possible to list all the constraints here, we will list the more important ones.

Following a description of the available rotations during orientation week, the interns will have the option to select rotations. In the majority of cases, the intern class opts to meet together to work through desired rotation choices. At this meeting, the interns would discuss their preferences for the 3 major and minor rotations. Subsequent to this meeting, the first rotation is officially determined. Although the interns have discussed their preferred options for 2nd and 3rd rotations, these will not be officially determined until just prior to the start of these rotations (October for 2nd rotation & February for 3rd rotation). In this way, the interns reserve the right to make changes to their original selections due to new information obtained, feedback from other interns or faculty, or personal preference changes.

On most rotations only one intern is present at any given time, although a few rotations can take more than one intern simultaneously.
As mentioned previously, an intern's funding source determines where the three major rotations will be. For example, if you are funded through the Pediatric and Child Clinical Psychology program, your three major rotations will be in the child area. Similarly, if you are funded by the Veteran's Administration, your three major rotations would be at the Veteran's Administration. As stated earlier, minor rotations are not determined by your funding source. You can choose minor rotations anywhere in our system.

You will make a request for a particular funding source (i.e. program code) on selection day when you make your computer match request. You could request, for example, that you only be considered for one particular funding source. You may say, “I only wish to be considered for a VA funded position.” You could also request to be considered for two funding sources. You might indicate for example, “I want to be considered for either Pediatric and Child Clinical Psychology or the V.A. position.” Obviously, an intern's choice of a funding source is an extremely important decision and is done when you submit your ranking list to the National Matching Service. Our program has 5 different program codes corresponding to our five funding sources (VA Medical Center, Pediatric and Child Clinical Psychology, and Adult Neuropsychology). You could rank one, two, or all three program codes depending on your interest.

Notice again you have 12 hours per week for minor rotation experiences. These minor rotation experiences can be taken anywhere within our consortium. Thus, if you are a VA funded intern and you want experiences in Pediatric and Child Clinical Psychology, you could obtain this during the 12-hour minor rotations.

We consider ourselves a general internship and think interns should have both adult and child experiences. Remember we specifically define a general internship as one that has therapy/intervention and assessment activities with both adult and children. To receive both adult and child experience, each VA funded intern and adult neuropsychology funded intern will have to take sufficient minor rotations to meet the criteria of having child assessment and therapy/intervention experience. Similarly, each pediatric and child funded intern will have to meet the criteria of having adult assessment and therapy/intervention experience.

**How Interns Spend Their Time**
A question interns frequently ask is "Well, this sounds like a wonderful program with many opportunities, but how would I spend my time if I came to Oklahoma?" In order to summarize this information visually, we have presented below a diagram.

<table>
<thead>
<tr>
<th>Weekly Activity</th>
<th>Major Rotation</th>
<th>Minor Rotation</th>
<th>Seminar</th>
<th>Total Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hours per week</td>
<td>24</td>
<td>12</td>
<td>6</td>
<td>42</td>
</tr>
</tbody>
</table>

Note: Major and Minor Rotations will change every 4 months (July-Oct; Nov-Feb; March-June)

Please note, for all three rotations, an intern has major rotation experiences for 24 hours a week and a different minor rotation experience for 12 hours a week. Also note, throughout the whole year, approximately five hours a week are spent in psychotherapy experiences beyond what is obtained on major or minor rotations. The intern will spend approximately seven hours a week in seminars. The total amount of time formally scheduled each week is roughly 42 hours; however, our time studies revealed the interns typically work between 42 to 44 hours per week. These hours also includes time spent in clinical activities,
preparation, supervision, report writing/charting and reading. With so many opportunities, interns find it hard to pass up valuable learning experiences. Approximately three hours of individual supervision per week is included within the hours allotted to major rotation, minor rotation, and psychotherapy.

**DESCRIPTION OF CLINICAL TRAINING ACTIVITIES**

**(MAJOR ROTATIONS)**

As indicated above, the internship consists of (a) clinical rotation settings; (b) the required seminars in clinical psychology; (c) the Departmental Teaching Conference and other departmental or related clinical activities. The specific major clinical rotations (24 hours per week of activities) are as follows:

1. Adult Neuropsychology Assessment Laboratory (OU Medical Center)
2. Child Maltreatment (Center on Child Abuse and Neglect)
3. Clinical Child Assessment and Therapy (Child Study Center)
4. Pediatric Psychology (OU - Children's Hospital/OU Children's Physicians)
5. Ambulatory Mental Health Clinic (Veterans Affairs Medical Center)
6. Family Mental Health Program (Veterans Affairs Medical Center)
7. Geropsychology (Community Living Center & Palliative Care - Veterans Affairs Medical Center)
8. Health Psychology Clinic (Veteran's Affairs Medical Center)
9. Neuropsychology Clinic (Veteran's Affairs Medical Center)
10. Primary Care Mental Health (Veterans Affairs Medical Center)
11. Psychiatry Inpatient Unit (Veterans Affairs Medical Center)
12. Psychosocial Rehabilitation & Recovery Center (Veterans Affairs Medical Center)
13. Substance Abuse Treatment Center (Veterans Affairs Medical Center)
14. Trauma and Deployment Recovery Center (Veterans Affairs Medical Center)

**(MINOR ROTATIONS)**

Any of the above mentioned major rotations (24 hours per week) could also be taken as a minor rotation (12 hours per week). In addition to the above the following minor rotations are offered:

1. VA Administration
2. VA Trauma and Deployment Recovery
3. VA Inpatient
4. VA Neuropsychology
5. OU Neuropsychology
6. OU Child Psychology Outpatient
7. Pediatric Inpatient C&L
8. Pediatric Primary Care
9. Pediatric Assessment Clinic
10. Pediatric Transplant
11. Pediatric Behavioral Medicine
12. Pediatric Hematology / Oncology
13. Interdisciplinary Training Program on Child Abuse and Neglect (ITP)
ROTATION SETTINGS AND ACTIVITIES

OU MEDICAL CENTER ROTATION

Adult Neuropsychological Assessment Laboratory

The Neuropsychological Assessment Laboratory is located on the third floor of the Williams Pavilion building. Three clinical neuropsychologists who hold Diplomate status in ABPP-CN, two psychology technicians, and two postdoctoral neuropsychology fellows staff the laboratory. There are a total of 5 full-time clinical neuropsychologists on campus. Of these 5 neuropsychologists, 2 are board certified. Practicum students and psychiatry residents also frequently work in the lab. Referrals to this laboratory consist of two major types: (1) neuropsychological referrals from neurologists, neurosurgeons, psychiatrists, attorneys, judges, workers compensation court, and Independent Medical Evaluations (IME) (their referrals comprise approximately 90 percent of the referrals) and (2) psycho diagnostic pain and psychological assessment referrals primarily from psychiatrists and other medical specialists (10 percent).

Interns assigned to the laboratory will gain experience administering, scoring, and interpreting neuropsychological tests. The psychometricians however, complete the majority of test administration which gives interns time to develop other skills. Interns normally test only 4 hours per week. Face-to-face feedback with referral sources as well as patients and family members is encouraged. Opportunity to combine formal neuropsychological test results with mental status interviews, history data, and medical laboratory data are available. Interns also interview a significant other person of most patients to gain additional information.

The lab sees primarily adult cases however child and adolescent cases are seen predominantly from pediatric neurologists, neurosurgeons and hematologists/oncologists. The patients seen in the laboratory have a variety of neurological disorders (head injury, dementia of many types {Vascular, Lewy Body, Alzheimer’s, fronto-temporal} intracranial neoplasm, cerebral vascular accidents, etc.). We see epilepsy patients before temporal lobe resection for control of partial complex seizures. Wada testing is completed on complex partial seizure patients. Deep Brain Stimulation candidates are seen pre and post neurosurgery. The lab also sees a large number of forensic cases, including personal injury and worker's compensation cases. Interns have the opportunity to perform evaluations of chronic pain patients undergoing dorsal column stimulator placement, or pain patients in the Workers’ Compensation system.

Interns attend neurology and neurosurgery rounds and teaching conferences as time allows. A particularly interesting weekly activity is the Neurology Morning Report in which neurological cases are presented. All interns on this rotation attend the weekly neuropsychological case conference and present cases at the conference several times a year. During this conference, participants present on various neurologic disorders and individual cases in detail followed by discussion by faculty, interns, postdoctoral fellows and others attending the conference.

The lab has access to elaborate video recording facilities, including soundproof rooms. We routinely video record many neuropsychologically impaired patients during the mental status interview. We then use the tapes for teaching purposes. We have a library of literally hundreds of patient interviews of neurologically impaired patients of all types. Since the lab sees a large number of forensic cases, the intern has some opportunity to work with the referring attorney or judge. The supervising neuropsychologist frequently gives depositions or appears in court on the cases seen in the laboratory. Interns are usually welcome to view this legal testimony.
Research opportunities for interested interns are available. Each year a number of articles and papers are completed by faculty, interns, and postdoctoral fellows. We have a large computer database of over 9,000 former patient data, including neuropsychological results, demographic information, and diagnoses. This information is already coded on SPSS for those interns interested in applied clinical research.

CHILD PSYCHOLOGY TRACK (PEDIATRIC/CHILD CLINICAL)
The child psychology track offers experiences in child abuse and neglect, clinical child assessment and therapy, child neuropsychology, and pediatric psychology/behavioral medicine. All interns can participate in child psychology activities as part of a major or minor rotation. The training opportunities within each of the four areas are described below. With the guidance of their primary supervisors, the interns will make choices about their experiences due to time and scheduling constraints. We expect all child interns to have experience in clinical child assessment and therapy, behavioral medicine, and child abuse and neglect. However, due to considerable flexibility, interns can easily meet these requirements through a variety of experiences. Interns should be aware that some experiences require a longer time commitment than others. Interns in the child psychology track will work closely with faculty to develop a plan which meets their individual needs and interests and fulfills the requirements for a broad training experience in child psychology. Twenty licensed, doctoral level psychologists are available across these four areas to provide consultation and supervision to interns. The child psychology faculty are recognized leaders at state, national, and international levels. Interns may have the opportunity to co-author articles or chapters with members of the faculty and to co-present at state, regional, and national professional conferences.

Child Abuse and Neglect
The mission for the Center of Child Abuse and Neglect is to provide national leadership in the prevention and treatment of child abuse and neglect through exemplary research, clinical care, interdisciplinary education and training of professionals, administrative services, and program development. CCAN has eleven faculty members, eight of whom are licensed psychologists who provide direct supervision for the Center’s many clinical activities. CCAN faculty conduct the Interdisciplinary Training Program in Child Abuse and Neglect (ITP), an advanced training program for graduate students from psychology, law, psychiatry, social work, dentistry, pediatrics, and related disciplines. At CCAN, interns will train in assessment and therapy for maltreated and traumatized children and their caregivers. Interns can also have training opportunities in general assessment and treatment of children without a history of maltreatment.

Clinical training experiences available through CCAN include:

Parent-Child Interaction Therapy (PCIT) Seminar
Through CCAN, interns have the opportunity to conduct treatment for children with disruptive behavior. Our primary treatment model is Parent-Child Interaction Therapy (PCIT) which is an empirically based behavioral management program developed primarily for young children with externalizing behavior problems. PCIT has been shown to be successful in improving positive behaviors and enhancing parental relationships. Although PCIT has been effectively applied to various populations (e.g., children with ODD, ADHD, abuse/neglect), it is an individualized treatment approach. Within CCAN are several faculty with specialized expertise in PCIT, including a Master Level trainer (Beverly Funderburk, Ph.D., who is vice president of PCIT International as well as the co-author of the PCIT protocol) and three Level 2 trainers (Drs. Elizabeth Bard, PhD., Carisa Wilsie, Ph.D, and Vicki Cook, LPC). Interns have the opportunity for participation in PCIT seminar, which is a co-therapy training model. Additional co-therapy training opportunities are available to interns who wish to pursue PCIT certification. Additionally, PCIT research is being conducted and interns are welcome to be a part of the research team. Training and supervision in PCIT are available to all interns and can be provided as part of major or minor child rotations.
**Trauma-focused Treatment**

Through CCAN, interns have the opportunity to conduct assessment and treatment of childhood trauma. Our primary treatment model is Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT). TF-CBT is a short-term, empirically supported treatment of PTSD in trauma-exposed children ages 3 to 18 and their caregivers. TF-CBT is designated as a Model Program by SAMHSA and the National Child Traumatic Stress Network and has received the highest scientific rating as a Well-Supported Effective Practice by the California Evidence-Based Clearinghouse for Child Welfare. Within CCAN are several faculty with specialized expertise in TF-CBT, including two national TF-CBT trainers (Dr. Susan Schmidt & Dr. Dolores Subia BigFoot). The Child Trauma Services program is responsible for implementation of the Oklahoma statewide TF-CBT training program ([www.oklahomatfcbt.org](http://www.oklahomatfcbt.org)). This provides interns with the opportunity for participation in Introductory and Advanced TF-CBT trainings and to gain experience in TF-CBT model dissemination activities, if interested. Training and supervision in TF-CBT are available to all interns and can be provided as part of major or minor child rotations.

Clinical opportunities include:

- Assessment and treatment of children affected by child maltreatment and other forms of trauma, with associated symptoms of depression, anxiety, and/or behavioral problems. Individual therapy cases actively involve parents/caregivers in treatment sessions. Cases are supervised during group supervision or with individual supervisors by arrangement. Session recordings are reviewed to enhance supervisory support. CCAN faculty members rotate through group supervision with the intern rotation schedule in order to provide interns with multiple clinical perspectives. Interns interested in working toward national TF-CBT certification will be supported with advanced supervision opportunities.
- TF-CBT Group Treatment for children ages 5 to 12 and their caregivers (Faculty Directors: Dr. Susan Schmidt and Dr. Elizabeth Risch). This is a manualized 11-week group treatment program that offers interns the opportunity to provide co-therapy with faculty and clinicians with expertise in the TF-CBT model. Each session includes children’s groups, caregivers groups, and combined group time.

**Children and Adolescents with Problematic Sexual Behavior**

These programs offer opportunities to:

- Develop an understanding of the needs of children and adolescents with problematic sexual behavior.
- Increase skills in working with children, adolescents, and families in group therapy.
- Conduct a cognitive-behavioral based therapy group with preschoolers, grade school children, or adolescents.
- Conduct cognitive behavioral groups for caregivers.
- Conduct intake evaluations of the children and adolescents, including interviewing the caregivers.
- Participate in specialized group supervision for each age group.

There are three programs:

- **Preschool Group Treatment Program** (Silovsky) Manualized 12-week group treatment program with group treatment for preschoolers and concurrent groups for caregivers.
- **School-Age Group Treatment Program** (Bard, Silovsky) Manualized group treatment program with parallel groups for children and caregivers. Group is open-ended format.
- **Adolescents with Illegal Sexual Behavior Treatment Program** (Bonner, Schmidt, and Gomez) This group treatment program is open-ended and designed for adolescent males who are adjudicated due to illegal sexual behavior. Separate groups for the adolescents and their caregivers are conducted.
See [www.NCSBY.org](http://www.NCSBY.org) for more information on this population.

**Interdisciplinary Training Program in Child Abuse and Neglect (ITP)**

Please see the full description of these programs later in the brochure under “Emphasis Track Training Activities” and at [http://www.oumedicine.com/itp](http://www.oumedicine.com/itp).

**Additional Training Opportunities:**

- **Training in issues related to child maltreatment**
  
  Periodically throughout the year, training on topics related to the assessment, treatment, and provision of services to children who have been maltreated is provided. Typically these are held during the CCAN group supervision (Wednesdays 1:00 to 2:30) and will be announced to all interns.

- **The Oklahoma Conference on Child Abuse and Neglect**
  
  This is an annual, three-day conference organized through CCAN in which state and national experts provide training in issues related to child maltreatment. This is an interdisciplinary conference with workshops on psychological, medical, legal, social work, and advocacy issues. Interns may attend the conference at no charge by volunteering to assist with the conference (e.g., introducing speakers and collecting evaluation forms).

- **CCAN** has an active, productive clinical research program and interns can be involved in research, including involvement in treatment outcome studies. For example, the Research Team on the Sexual Behavior of Youth meets monthly with a journal club and other research activities.

- **Research Opportunities in Child Abuse and Neglect**
  
  Ongoing research projects in Child Abuse and Neglect
  
  - Dissemination and implementation of evidence-based interventions and prevention programs.
  - Cultural adaptations of evidence-based treatments
  - Child abuse fatalities
  - Prevention of child maltreatment in high risk families
  - Children with problematic sexual behavior
  - Prevention of Fetal Alcohol Spectrum Disorders (FASD) in Russia

- **Clinical Child Assessment and Therapy**
  
  The Child Study Center (CSC) provides broad clinical child psychology experiences in assessment and therapy with children of diverse cultural/racial backgrounds. The CSC faculty and staff include a range of disciplines, including clinical and school psychology, developmental pediatrics, social work, occupational therapy, and speech/language pathology. The patient population ranges in age from birth through older adolescence. Common presenting problems include behavior disorders, learning disabilities, attention deficit/hyperactivity disorder, oppositional defiant or conduct disorders, anxiety and mood disorders, autism spectrum disorder and other pervasive developmental disorders, neurological disorders (including seizures, tumors, head injuries, etc.), developmental disabilities, and various medical and genetic disorders.

  The CSC offers clinical child psychology experiences to the interns including: 1) empirically supported treatment (e.g., Parent-Child Interaction Therapy); 2) clinical child neuropsychological evaluations, treatment, and case conferences; 3) assessment and treatment of infants and young children with prenatal substance exposure and their families; and 4) exposure to culturally diverse populations (e.g., Native American, Hispanic, Vietnamese, African American).
Theoretical orientations of the supervisors include a combination of behavioral, cognitive-behavioral, family systems, and developmental approaches. Training facilities include use of videotaping and/or one-way observation windows for teaching purposes. Supervision is an integral part of the program and involves direct or recorded observations of treatment, co-therapy with staff therapists, and frequent individual supervision sessions to facilitate the intern's growth and competence in working with children and families. CSC faculty members place special emphasis on understanding and integrating information regarding the effects of developmental disabilities on the therapy process with children.

A Better Chance Clinic
A Better Chance (ABC) is a program for children prenatally exposed to drugs and/or alcohol. The program is based on the premise that early intervention can improve outcomes for children who have been prenatally exposed. Children in the program receive regular multidisciplinary developmental assessments every six months until the child reaches the age of 30 months and then yearly for the length of time that the family is enrolled in the program (up to age 6 years). The program gives the families educational information related to their child's growth and development, support, and a treatment plan that is developed and shared with the family. Following the assessment, assistance is provided to families in obtaining any related services their infant/child may need. To further assist with environmental problems, a behavior management group, based on the Parent-Child Interaction Therapy model is offered. Interns have the opportunity to accompany ABC personnel to community-based substance abuse treatment centers serving women and their children where they would be involved in developmental screenings with the children and case consultations with treatment center staff.

Multicultural Experiences
Through clinical programs, experiences are available with certain ethno-cultural groups. Oklahoma has a large American Indian population and interns have the opportunity to interview, evaluate, and consult with families and children from several of the 39 tribes across the state. Additionally, interns can travel with an American Indian psychologist to one of the Indian Health Service Psychology Clinics to spend a day consulting with families and clinic personnel.

Area of Developmental Disabilities (LEND)
The LEND Program is an interdisciplinary education program that includes a variety of didactic, practicum and research experiences based on the Oklahoma LEND foundational components of family-centered care, interdisciplinary teaming, cultural competency and inclusive practices. Leadership issues include interdisciplinary team dynamics, service delivery systems, child-family advocacy, policy analysis, legislation, legal and ethical issues, local and state resources, funding and statewide systems change. Students would participate in a two-semester course with students from public health, medicine, physical therapy, occupational therapy, speech and language, social work, nutrition, dentistry, and nursing, as well as a self-advocate and parent advocate. In addition, students will have 300 or more didactic, practicum, and research hours, which will include an individual and group leadership project. For more information see: http://www.oumedicine.com/psychiatry/department-information/training-programs

The Oklahoma LEND program prepares students for leadership roles as professionals with interdisciplinary skills to support community-based partnerships with professional colleagues and families with children who have neurodevelopmental and related disabilities. Interns may be involved in LEND in varying capacities. The LEND has a long-term trainee program that includes two semesters of didactic/interdisciplinary courses, practicum experiences, family practicum experiences, individualized projects, a class team project, and a research project. Students would take a fall and a spring semester interdisciplinary course that would be scheduled in the evening (Thursday – 3 hours). In addition to the course, the students would attend
interdisciplinary practicum activities, would provide assessment, consultation, and therapy for children with
disabilities, and would develop a special project with the classmates. The second minor rotation would be
dedicated to the LEND program, in which the intern would attend the class and be involved in a range of
clinical, training, and research activities. The major site for the first and third rotations would designate 5
of the 25 hours to LEND activities. For more information, contact Dr. Silovsky at 271-8858.

**Pediatric Psychology/Behavioral Medicine**
The Pediatric Psychology Training Program has a long and rich history in the context of the internship
program at the University of Oklahoma Health Sciences Center. Starting in 1967, the Pediatric Psychology
Program is one of the oldest such training programs in the United States.

The pediatric psychology internship offers a variety of experiences in areas of primary care. Interns may
provide both inpatient and outpatient services during their training and receive supervision in working with
children with chronic or acute medical conditions and their families.

All rotations involve participation with multidisciplinary teams to provide comprehensive health services to
families served by OU Children’s Physicians’ outpatient clinics and OU Children’s Hospital. Interns are
encouraged to interact with all members of the team, including attending physicians, social workers, nurses,
clinical research associates, administrative staff, and medical students, residents, and fellows. Liaison with
other agencies, such as mental health providers, schools, and child care providers may be necessary at times.
Interventions provided will be based on evidence-based practice parameters whenever feasible.

**Pediatric Primary Care:**
This rotation will include training in an integrated model of primary care psychology. Training will occur
across three pediatric primary care clinics.

**General Pediatrics Clinic**
This clinic provides primary care services to children and adolescents. Interns will provide services including
brief screening and assessment and ongoing treatment services. Common presentations include ADHD,
behavioral management/parenting issues, headaches, and elimination disorders. The General Pediatrics
Clinic serves children from birth to age 18; the most common consultations are for toddler and school-aged
children.

**Fostering Hope Clinic**
This clinic provides primary care services to children and adolescents in state custody foster placements.
Trainees in psychology are consulted and work closely with the providers associated with this clinic.
Common referrals include behavior management strategies, evaluation of trauma history, and services for
ADHD and internalizing disorders. Opportunities exist for participation in community presentations
affiliated with this clinic.

**Latino Clinic**
This is a primary care clinic in south Oklahoma City that provides services to children and adolescents from
primarily Spanish speaking families. This clinic offers a unique opportunity for working with Latino families
and learning to provide primary care services within a specific cultural context. Proficiency in Spanish
language is not required; however, fellows who are fluent in Spanish would be able to consult without
interpretive assistance. Services administered include brief screening, assessment, and ongoing treatment.
Common presentations include ADHD, behavioral management/parenting issues, headaches, and
elimination disorders. The Latino Clinic serves children from birth to age 18; the most common
consultations are for toddler and school-aged children.
Specialty Care Clinics

Pediatric Pain Management Clinic

The Pediatric Pain Management Clinic provides specialty services to children and adolescents who are experiencing chronic and acute pain disorders. Trainees may provide services including brief assessment and intervention or ongoing treatment services based on empirically-supported techniques for pain management. Trainees also address mood or other behavioral concerns as indicated. Trainees work closely with the other providers in this clinic to provide appropriate recommendations and referrals. Common presentations include headaches, abdominal pain, recovery from acute injury, and as well some additional mood and behavioral concerns. The Pediatric Pain Management clinic serves children from school age to 18; the most common consultations are for adolescents.

Pediatric Hematology/Oncology Service

The hematology/oncology behavioral health service provides consultation and ongoing follow-up for the patient population of the Jimmy Everest Center for Pediatric Cancer and Blood Disorders in Children. This service includes inpatient and outpatient services, as well as several comprehensive multidisciplinary specialty clinics.

Inpatient Consultation Service

This rotation involves representing psychology service during inpatient rounds with the medical team, conducting inpatient consultations, and attendance during psychosocial rounds with the inpatient team.

Comprehensive sub-specialty clinic information:

<table>
<thead>
<tr>
<th>Clinic</th>
<th>Age range</th>
<th>Schedule</th>
<th>Common Consultations</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sickle Cell Disease Clinic</td>
<td>3-21</td>
<td>Tuesdays, 8:30-5</td>
<td>Medication adherence, pica, enuresis, school problems</td>
</tr>
<tr>
<td>Hemophilia/Bleeding Disorders Clinic</td>
<td>Lifespan</td>
<td>Wednesdays 8:30-5 2nd Wed of month: Tulsa 3rd Wed of month: Adult, 8:30-12</td>
<td>Behavior management, internalizing disorders, pain management, sleep problems</td>
</tr>
<tr>
<td>Brain Tumor Clinic/Neurocutaneous Syndromes Clinic</td>
<td>Infancy to age 31</td>
<td>1st, 3rd, and 5th Mondays, 1-5 NCSC, 4th Monday, 1-5</td>
<td>School problems, neurocognitive deficits, behavior management</td>
</tr>
<tr>
<td>Taking on Life After Cancer (TLC) Survivorship Clinic</td>
<td>Infancy to age 32</td>
<td>August – May, every other Wednesday, 1-5 Summer: Every Wednesday, 1-5</td>
<td>School problems, neurocognitive deficits, emotional concerns</td>
</tr>
<tr>
<td>Inpatient hem/onc</td>
<td>Birth – 21</td>
<td>Mon-Wed and Friday, inpatient rounds start at 9; Thurs. varies</td>
<td>Adjustment, emotional problems, disruptive behavior</td>
</tr>
<tr>
<td>JEC Outpatient Clinic</td>
<td>Birth – 21</td>
<td>Mon-Wed, 8-5 Thursday, 1-5 Friday 8-12</td>
<td>Adjustment, disruptive behavior, sleep, emotional concerns</td>
</tr>
<tr>
<td>Multidisciplinary Tumor Board Imaging Conference</td>
<td>All</td>
<td>Thursdays, 10:30-11:30</td>
<td>N/A. Meeting to review imaging patient imaging scans and treatment discussion</td>
</tr>
</tbody>
</table>
## Transplant Psychological Services

<table>
<thead>
<tr>
<th>Clinic</th>
<th>Age Range</th>
<th>Schedule</th>
<th>Population</th>
<th>Common Psychology Involvement</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hepatology Clinic at The Children’s Hospital</td>
<td>Infant to ~21 years of age</td>
<td>Tuesday 8am – 12noon; Wed 1pm – 5pm; off campus 2nd Thursday 8am – 5pm</td>
<td>Children diagnosed with genetic, congenital, or lifestyle-related liver disease</td>
<td>Patient education, coping with illness, medical adherence, transition to adult functioning</td>
</tr>
<tr>
<td>Oklahoma Transplant Center – Hepatology</td>
<td>Infant to ~21 years of age</td>
<td>1st and 3rd Mondays 1pm – 5pm</td>
<td>Children diagnosed with liver disease and listed for liver transplant or already transplanted</td>
<td>Patient education, coping with illness, pre-transplant evaluation; post-transplant living, adherence, transition to adult functioning</td>
</tr>
<tr>
<td>Hepatology Transplant Listing Meeting</td>
<td></td>
<td>Fridays ~10:30am – 12noon</td>
<td></td>
<td>This is a multidisciplinary meeting discussing pediatric patients undergoing the listing process to receive a transplant</td>
</tr>
<tr>
<td>Nephrology Clinic at The Children’s Hospital</td>
<td>Toddlers to ~21 year of age</td>
<td>Monday 8am – 12noon; Wednesday 8am – 12noon; occasionally Thursdays 8am – 12noon</td>
<td>Children diagnosed with chronic kidney disease and renal transplants</td>
<td>Patient education, coping with illness, medical adherence, pre-transplant evaluation, transition to adult functioning</td>
</tr>
<tr>
<td>Pediatric Dialysis Unit (located inside Children’s Hospital)</td>
<td>Toddlers to ~21 year of age</td>
<td>Monday, Wednesday, and Friday 8am – 5pm as needed</td>
<td>Children diagnosed with kidney disease receiving dialysis</td>
<td>Patient education, coping with illness, medical adherence, transition to adult functioning</td>
</tr>
<tr>
<td>Pediatric Dialysis Multidisciplinary Team Meeting</td>
<td></td>
<td>First Tuesday of every month; 1-2:30pm</td>
<td></td>
<td>This is a multidisciplinary meeting discussing pediatric patients undergoing dialysis</td>
</tr>
<tr>
<td>Kidney Transplant Listing Meeting Kidney/Pancreas Transplant Listing Meeting</td>
<td></td>
<td>1st and 3rd Thursdays 12noon – 1:30pm 2nd Friday 1pm – 2:30pm</td>
<td></td>
<td>This is a multidisciplinary meeting discussing pediatric patients undergoing the listing process to receive a transplant</td>
</tr>
<tr>
<td>GI Clinic / IBD at The Children's Hospital</td>
<td></td>
<td>2nd and 4th Monday 8am - 5pm</td>
<td>Children diagnosed with Inflammatory Bowel Disease (ulcerative colitis or Crohn's disease)</td>
<td>Patient education, coping with illness, medical adherence, transition to adult functioning</td>
</tr>
</tbody>
</table>
**Pediatric Obesity**
Pediatric psychology interns will participate in the multidisciplinary obesity clinic, which focuses on families making health lifestyle choices to improve the overall health of the pediatric patient. This rotation involves providing direct clinical care to pediatric patients/families in a multidisciplinary pediatric obesity clinic. When patients initially present to clinic, psychology conducts a diagnostic interview as well as self and parent report BASC and PedsQL. If there are co-morbid mental health issues, patient/families are referred for traditional mental health services. During all follow-up visits within the context of the obesity clinic, psychology focuses on assisting the patient and family in meeting their dietary and physical activity goals. Interns have frequent opportunities to utilize motivational interviewing skills during this rotation with both patients and family members. Communication with the multidisciplinary team and timely intervention and documentation are required from all interns.

**Pediatric Assessment Clinic**
This rotation will include training in assessment, report writing, feedback, and behavioral therapy for patients seeking a psychological evaluation regarding possible ADHD. The General Pediatrics Clinic provides primary care services to children and adolescents. Common presentations include ADHD, behavioral management/parenting issues, and learning difficulties. Trainees in psychology are often consulted and work very closely with the providers associated with the primary care clinic in the ongoing treatment of children with ADHD. Interns on this rotation will provide services including diagnostic interviews, as well as conducting intelligence, achievement, and behavioral assessments. Behavioral Assessments will consist primarily of the use of self and parent report measures with patients and their families. Additionally, the assessment experience will include the integration of information obtained from other healthcare providers (physicians, nursing, social work, physical & occupational therapy, dieticians, etc.) and collateral reporters (teachers, school personnel) for case conceptualization and the development of treatment recommendations.

**Inpatient Services**

*Inpatient Consultation & Liaison*
Pediatric psychology trainees participate in consultation and liaison services throughout OU Children’s Hospital. This rotation involves weekly attendance at inpatient rounds to discuss current patients and any potential contributions by psychology to their medical care. When consulted, interns provide an assessment and treatment plan to address presenting concerns and coordinate follow-up care in preparation for discharge as necessary. Interventions on this service are often brief, highly structured, and targeted to specific problems. Communication with the medical and nursing staff and timely intervention and documentation are required from all trainees. Common consultations include pain management, procedural distress, internalizing disorders, and adherence to medical regimens.

**d. Other Pediatric Psychology Activities**

1. **Research Opportunities in Pediatric Psychology**
   - Pediatric second hand smoke reduction
   - Injury prevention in children and adolescents with hemophilia
   - Psychoeducational concerns among children and adolescents with sickle cell disease
   - Pediatric obesity
   - Post-partum depression in mothers of infants in the NICU
   - Intervention for parental smoking cessation
   - Early screening in children with sickle cell disease
   - Pharmaceutical clinical trials
2. Didactics in Pediatrics and Behavioral Health Psychology

a) **Primary Care Seminar**
Primary Care Seminar meets twice monthly and is a forum for discussion and presentation of issues that commonly arise in providing behavioral health services in primary care settings. This seminar is not exclusive to pediatric psychology, but focuses on behavioral health issues for those working in a primary care setting.

b) **Pediatric Grand Rounds**
Trainees in pediatric psychology are encouraged, and depending upon their rotation, may be required to attend these seminars. Presentations are provided by the faculty at OUHSC, as well as invited lectures by outside speakers. Topics vary throughout the year.

c) **Pediatric Psychology Professional Issues:**
This meeting is a forum for discussion of topics related to pediatric psychology. The format includes didactic presentations, group discussions, and journal club discussions.

d) **Pediatric Hematology/Oncology Imaging Conference:**
This multidisciplinary seminar is attended by many specialists, including numerous medical specialty areas in pediatrics, (hematology/oncology, radiology, radiation oncology, surgery), medical students and residents, and child life. Scans from imaging techniques, such as MRI and CT scans are reviewed and discussed in a multidisciplinary format.

e) **Pediatric Hematology/Oncology Psychosocial Rounds**
This weekly meeting includes individuals from nursing, social work, physical therapy, child life, and nutrition. Discussions focus on patient and family functioning, staff members’ concerns regarding patients and their families, coordination of services, and updates regarding ongoing interventions.

Child Community Mental Health
The Child Community Mental Health Rotation is located on the third floor of the Williams Pavilion at the University of Oklahoma Health Sciences Center in the Child Section of the Department of Psychiatry and Behavioral Sciences. The Child Section serves children with a wide range of emotional and behavioral disabilities and their families. The mission of the Child Section is to provide education, assessment services, and individual and family psychotherapy to address the emotional, social, and behavioral needs of children and their families in a multidisciplinary setting. The Child Section provides training in assessment, psychotherapy skills, community mental health programs, and consultation and liaison services to psychology interns and fellows, to medical students, and to psychiatry residents and fellows. Social workers, psychiatrists and psychologists provide supervision to trainees. Psychology Interns may participate in training in the Child Community Mental Health Rotation by choosing the experiences offered as either a minor or major rotation. Interns attend a Tuesday afternoon Diagnostic Clinic, participate in Consultation and Liaison activities, see individual child psychotherapy cases and implement a mental health education program in the Oklahoma City Public Schools. Descriptions of training opportunities are listed below.

a) **Individual Therapy for Children with Emotional/Behavioral Issues**
Children ages 2 to 18 are referred due to concerns that the child has a behavioral/emotional issue that needs evaluation and/or treatment. Referral sources include physicians; public and private school teachers, counselors, and administrators; parents; and/or legal guardians/DHS. Evaluation and treatment services are provided by interns supervised by Dr. Sandra F. Allen, Ph.D.
b) **Diagnostic Clinic**  
Diagnostic Intake Clinic meets on Tuesday afternoons from 1:00 – 4:00 pm. This clinic offers opportunities to participate in a multi-disciplinary team; interview a child and family referred for various mental health concerns; diagnose, formulate, and make recommendations to the child and family; write up the results of the clinical evaluation; and make appropriate referrals for outpatient/inpatient services.

c) **Child Mental Health Education Programs**  
These programs take place in elementary school classrooms within the Oklahoma City Public Schools. The programs offer opportunities for the intern to learn about preventive mental health interventions in group settings; practice providing mental health education to elementary school children; function as a liaison between the medical center and the public schools; and consult with teachers, counselors, and school administrators regarding various aspects of program delivery.

d) **Child Psychiatry Consultation and Liaison Service**  
The Child Psychiatry Consultation and Liaison Service is located in various inpatient settings which provide medical services for children at OU Medical Center. The intern signs up for at least one 4-hour time slot per week to be available to provide consultation to pediatric attending physicians, fellows, and residents at OU Medical Center. In addition, one scheduled group supervision meeting is held weekly. The Consultation and Liaison Service offers opportunities for trainees to participate in pediatric psychological/psychiatric consultations located in the OU Medical Center; be educated in a consultation/liaison model which strives to provide education to the medical team, parents of the patient, and the patient regarding strategies for coping with psychological problems associated with a medical illness; and be a participant in a multi-disciplinary team with psychiatry fellows as these services are provided.

**VETERAN'S AFFAIRS MEDICAL CENTER ROTATIONS**  
The Mental Health Services of the Veteran's affairs Medical Center offers a full range of evaluation and treatment services. These services are based in eleven units, all of which are available for intern rotations. The VA Psychology Service is composed of approximately 25 Ph.D. clinical and counseling psychologists, as well as a number of psychological technicians and other support staff.

The five VA funded interns spend a minimum of 1,500 hours at the VA. They will serve their three major rotations at the VA and will also have a VA psychologist as their primary supervisor. Interns also have elective minor rotations away from the VA, allowing the intern the opportunity to sample other settings in the larger Health Sciences Center.

The VA Psychology Service Staff is committed to providing high quality of training to interns. Caseloads are reasonable, leaving time for the intern to prepare for his/her cases by reading relevant material, conducting literature reviews, and viewing tapes. VA interns can expect to spend time viewing videos of their work (and at times their supervisor's work) with their supervisor. Interns have the opportunity to see their supervisors at work. VA interns can often serve as co-leaders with their supervisors in group and family/marital psychotherapy and work with supervisors to create innovative treatment plans, approaches, and projects.

VA interns will also have the opportunity to work and see their supervisors functioning in multi-disciplinary settings. In VA Mental Health Services, psychologists serve as administrative directors in four units working closely with the psychiatrist medical director. In four other units, the psychologist serves as the director of the unit. Interns will have role models who are an active and effective part of the management of the services.
The Psychology Service is also committed to the overall well-being of our interns. Interns will find themselves working with other staff that enjoy their work and find this challenging profession fun and exciting. Interns have access to an onsite professional library where computer literature search services are readily available. Interns can also take part in the Wellness Program and have access to an excellent facility featuring a walking track, basketball court, weight machines, and after work programs including aerobics, volleyball, etc. Interns will also receive training and work in the VA Computerized Patient Record System.

The following rotations are available at the Oklahoma City VA Medical Center:

**Ambulatory Mental Health Clinic (AMHC)**
The Ambulatory Mental Health Clinic (AMHC) is a comprehensive outpatient mental health triage and care delivery unit with 18,000 plus visits per year. It is a busy, productive, active setting in which to hone psychotherapy and diagnostic skills.

A staff composed of four full-time psychologists, five full-time psychiatrists; a psychiatric social worker, an advanced practice psychiatric nurse specialist, a full-time and a half-time RN, and a psychology technician specializing in biofeedback are all available in the main clinic for supervision. The AMHC-Extended has a number of units which are attached, some of which have their own rotation available to interns. The Primary Care Mental Health Team is attached to the AMHC and consists of a psychiatrist, a psychologist, and a post-doctoral fellow. The Family Therapy Program is attached to the AMHC and is staffed by four psychologists. The AMHC also has a tele-psychiatrist and three tele-psychologists attached who specialize in providing mental health services to our smaller VA community based outpatient clinics (CBOC’s). The Mental Health operations at the larger CBOC’s are attached to the AMHC. Theoretical orientations are varied and include but are not limited to: cognitive behavioral, psychodynamic, humanistic, self-psychology, interpersonal process, transactional analysis, problem solving RET, and experiential. Evidence-based therapies (e.g., CPT, ACT, prolonged exposure, etc.) are practiced and taught to trainees.

Our setting is a topnotch, highly affiliated VA Medical Center with approximately 600,000 outpatient visits and 75 specialty clinics, which allows us access to an extremely diverse population. The AMHC provides consultation on patients referred from the other outpatient specialty clinics as well as from the admissions area and provides support to the Emergency Room.

Experiences available for the intern selecting this rotation include several options from which to choose:

- **a)** Providing outpatient mental health consultation services for patients referred from other clinics, the admissions area, and the emergency room. These patients' diagnoses range the spectrum of DSM-V and allow the intern an opportunity to hone their skills of interviewing, diagnosing, and making appropriate case disposition with feedback to the referring physician in a relatively brief period.

- **b)** Intensive psychotherapy with a variety of cases including individual, groups, couples, and family treatment. In-depth psychotherapy supervision is a hallmark of this rotation, providing interns an opportunity to polish existing psychotherapy skills and acquire new approaches to understand and treat a multiplicity of patients.

- **c)** Psychodiagnostic assessment experiences are available which utilize the extensive VAMC computer capabilities for objective testing and structured interviews as well as supervision of projective testing.

- **d)** Experience with our psychoeducational classes providing a wide range of services for patients with different disorders. The primary care initiative developed by AMHC which includes a number of
psychoeducational classes, is an award-winning program used as a model for other VA medical centers.

e) Biofeedback/Relaxation Training/Stress Management program experiences. Patients referred to this program include not only the more usual anxiety-based disorders but also many patients with physical disorders exacerbated by stress (headaches, GI disorders, etc.).

f) Group psychotherapy experience is available in the main clinic as well as our Crisis Intervention Program. Daily, weekly, and monthly groups are available.

g) Intensive treatment experience with the PTSD-diagnosed patient is available on the unit with PTSD being the most common diagnosis in our AMHC population. The MHC treats combat-related PTSD, sexual trauma-related PTSD as well as PTSD from a variety of other experiences.

h) A monthly group for WWII Prisoners of War and their spouses is run by AMHC staff and available for participation. This is a good setting to better understand the long-term effects of PTSD as well as geriatric issues, including mortality.

i) One of the AMHC's RN's runs the weekly anti-psychotic injection program for patients managed on injectable anti-psychotic medication. Exposure to this model of management of psychotic patients is available.

j) Additional information in the theories and practice of the use of psychotropic medication is available from AMHC psychiatrists and/or our doctoral level clinical pharmacist.

k) The opportunity for training and supervision in Mental Health Administration is also available to interns in the AMHC.

Training is a priority in the AMHC. The AMHC psychologists enjoy supervising psychology interns and the intern's caseload with approximately two hours per week of supervision with a psychologist. Video recording of cases is encouraged and video recording equipment is available in each trainee room for this purpose. We keep caseloads at a level to allow interns time to investigate further the diagnoses and conceptualizing of the cases with which they will be involved. Training needs and interests figure prominently in the establishment of goals for the rotation.

The case mix of the AMHC is quite diverse, sometimes referred to as a "living DSM-V." Consultation will expose the interns to this diversity. We only refer the more functional patients with the skills to engage in a therapeutic relationship to the psychotherapy list. Interns are encouraged to select patients from the list who meet the training needs of that particular intern. There is normally a good range of diagnoses, types of patients, ages, and ethnic backgrounds represented on the waiting list. While most of the patients are male, there are typically some female patients available for treatment. Since most mental health clinics have a higher representation of female patients, many interns look forward to this opportunity to broaden their experience working with male patients. For the intern interested in broadening his/her group therapy skills there are a large number of groups from which to choose. The atmosphere of the clinic is supportive. Due to the high caliber of interns who have rotated through the clinic, there is always a positive anticipation by clinic staff when a new intern comes to the AMHC. The AMHC is a rotation where interns are encouraged to extend themselves to learn new skills while the clinic staff provides a supportive base out of which to function.
Family Mental Health Program (FMHP)
The OKC VAMC's Family Mental Health Program offers a wide variety of services to veterans and their families/support persons. The major goals for the Family Mental Health Program rotation are for the intern to: 1) Understand the rationale for intervention at the family level in addressing an individual's symptoms, 2) Become familiar with various evidence-based treatments for couples, 3) Develop skills in assessing family strengths and problems and conducting family/couples therapy, 4) Gain experience with family psychoeducational interventions for veterans with a mental illness/PTSD and their family members.

This rotation offers the following opportunities:

- Couples/family therapy (offered both independently or as a co-therapist)
- REACH Program (a psychoeducational program for veterans living with a serious mental illness/PTSD and their family members)
- SAFE Program (a support and educational program just for family members of people living with PTSD/mental illness)
- Core 4 Communication (psychoeducational class focused on interactive skills practice to assist Veterans in improving their interpersonal communication)
- Couples Tune-Up (prerequisite psychoeducational class for couples who wish to pursue couples therapy; topics covered include individual wellness, communication, conflict management, and boundary setting)
- Journey through Loss (psychoeducational class for veterans who have experienced the death of a loved one and adult family members who have experienced the death of their veteran)
- AMHC outpatient mental health consults (walk-in/ triage clinic)

**Opportunities may differ based on major and/or minor rotation**

Theoretical orientations and corresponding interventions vary and depend on the needs of the couple/family, though the rotation emphasizes learning evidence based practices for working with couples and families.

Geropsychology (Community Living Center and Palliative Care)
The purpose of the Geropsychology Rotation is to offer training and experience in meeting the mental health needs of older adults. The unit's emphasis is on meeting those needs with older adults who have physical problems threatening their level of independent functioning. The majority of the rotation is on the Community Living Center (CLC), a 23-bed unit that fits between a nursing home and an intensive rehabilitation program along the continuum of care. Typically, veterans in the CLC have recently lost some physical, occupational, or cognitive functioning and are expected to be capable of significant recovery to avoid placement in a nursing home. The intern participates in an interdisciplinary team setting designed to assist the veteran in recovery to as independent a lifestyle as possible.

The rotation also offers training and experience on an 8-bed Palliative Care Unit (PCU). Outpatient training and experience is offered through a Home-Based Primary Care Program as well as a home telemental health program.

- The rotation offers the following activities:
- Assessments (neuropsychological bed-side screenings, MSE's, psychosocial evaluations, some formal testing)
- Individual therapy (brief Cognitive Behavior Therapy, problem solving, adjustment to illness, change in lifestyle, behavior modification, pain management, relaxation training, etc.)
- Group psychotherapy (cognitive rehabilitation, stress management, problem solving, etc.)
- Home visits (Home-Based Primary Care Program)
Home telemental health services
Readings in geriatrics (with the psychology supervisor and the Geriatric Journal Club)

Health Psychology Clinic
The Health Psychology Clinic is a multidisciplinary treatment setting established to provide a psychological treatment interface to Medicine and Surgery Services. Four psychologists and one post-doctoral fellow comprise the Health Psychology Clinic faculty. Five interrelated components can identify the activities of the Health Psychology Clinic: patient diagnosis, patient treatment, patient education, staff education, and research. Consultation/liaison and Primary Care Mental Health is not a specific component of this Clinic. Rather, we place emphasis on effective and timely intervention following the diagnosis. Typically, we provide this on an outpatient basis.

Brief, goal-oriented therapy is the intervention mode most often employed in this setting. Knowledge of general psychology is important, as applied behavioral techniques across a variety of settings and circumstances require creativity, initiative, and understanding of developmental and interpersonal, as well as medical, contributors to the clinical picture.

Major and minor rotations of the psychology intern reflect an interface of the intern's interests and the clinic's opportunities. The intern can arrange emphasis with special populations or procedures. However, the intern should expect a general introduction to the wide arena of behavioral medicine. Participation in applied research activities is also an opportunity for a psychology intern on this rotation.

Neuropsychology – Veteran's Administration
The Clinical Neuropsychology Service is comprised of a neuropsychologist, a postdoctoral neuropsychology fellow, and two psychological technicians/psychometrists. Referrals for evaluation, including both outpatient and inpatient requests for services, are generated by providers throughout the hospital, with the most frequent requests coming from ambulatory mental health care (both psychology and psychiatry), neurology, primary care, the Polytrauma Clinic associated with Operation Enduring Freedom/Operation Iraqi Freedom, medicine, inpatient psychiatry, and neurosurgery. The Clinic completes assessments on patients with brain injuries, suspected dementia, and a number of other CNS pathologies affecting neurocognitive functioning.

The Clinical Neuropsychology Service is well equipped with a broad assortment of assessment instruments. The most commonly used instruments include the WAIS-IV, WASI-II, WMS-III/IV, subtests of the Halstead-Reitan Battery, Wisconsin Card Sorting Test, RBANS, MMPI-2, and measures assessing effort/motivation. Personal computers are available in the laboratory for use in administering and/or scoring some measures, as well as for writing reports.

Interns participate in clinical and collateral interviews, patient assessment using a flexible battery approach, test scoring and interpretation, integrative report writing, consultation, patient feedback, treatment planning, and brief supportive therapy involving adjustment to disability and/or cognitive rehabilitation. In addition, interns can co-facilitate a support group for stroke recovery patients and their families, which focuses on stroke rehabilitation and psychological readjustment. The intern also may collaborate in ongoing research projects. Interns on this rotation are encouraged to attend the weekly Neuropsychology Case Conference and Neurology Grand Rounds at OUHSC. Interns with only limited exposure to neuropsychology are invited to select this rotation, which will be individually tailored to meet their needs.
Psychiatry Inpatient Unit
The Psychiatry Inpatient Unit of the Oklahoma City VAMC is the main inpatient mental health teaching facility for the University of Oklahoma Health Sciences Center. The primary purpose of the unit is to admit and treat veterans who have significant psychiatric issues and require brief, inpatient stabilization. The secondary purpose of the unit is to train students from the various health sciences disciplines (psychology, medicine, nursing, pharmacy, social work, etc.) in providing appropriate patient care in an acute, inpatient setting.

With respect to training in psychology, our goal is to individualize each interns training experience, within the framework of a supportive and nurturing environment, in order to maximize growth in areas of weakness and refine areas of strength. The experiences offered on this rotation are directly applicable to crisis intervention, work with acutely psychotic patients, the chronically mentally ill, traumatized veterans, geriatric populations, and patients with personality and substance abuse disorders. For those interns who are interested, there is also an opportunity to receive training in the administration of an inpatient psychiatric unit. The expectation is that by the end of the rotation the intern will be competent and comfortable in providing state of the art psychological services on any inpatient psychiatric unit.

Primary Care Mental Health
In the OKC VA, Primary Care is the patient’s first point of entry into the health care system and the place patients typically look for treatment for most of their health care needs. In fact, research indicates that over half of all visits to primary care settings have a psychosocial component. The Primary Care Mental Health Clinic is an integrated program consisting of a psychologist, a psychiatrist, a RN Case Manager and a Post Doctoral Fellow located on site in the Primary Care Clinics. We provide “front line” triage and assessment for patients referred by PCPs and/or those who screen positive for depression, PTSD, anxiety, and alcohol misuse. We provide some short-term behavioral counseling as well as provide several psychoeducational groups for patients wanting to learn to manage their anxiety, depression, and sleep problems. We also work with the Diabetes Education Team in educating patients about the psychosocial aspects of managing their disease and provide the behavioral health component for the Quick Assess Medical Appointment Clinic. Interns who rotate in PCMH will learn how to provide abbreviated clinical services in an integrated model, consult daily with Primary Care Providers, and develop basic knowledge necessary for working in a medical setting including basic medical terminology, common medical disorders, psychological comorbidities, and frequently prescribed medications.

Psychosocial Rehabilitation and Recovery Center
The VA is continually at the forefront of providing innovative mental health services, and one of the latest examples of that innovation at the Oklahoma City VA is the Veterans Recovery Center (VRC). The VRC is an intensive outpatient treatment program that serves Veterans living with severe mental illness that significantly disrupts their daily functioning. Services at this supportive learning center are based on the core components of psychosocial rehabilitation and recovery-oriented care. The concept of recovery is founded on the understanding that people with significant mental health disabilities can and do overcome the limitations of their illnesses and successfully fill self-chosen, valued roles in the community. The focus includes the client being actively involved in their own care; services being individualized and person-centered; identifying and utilizing personal strengths; treating the whole person, not just symptoms; empowerment through education and support; respect; and creating a sense of hope. At the VRC, Veterans living with significant mental health challenges can build skills that aid in creating and pursuing goals for leading a meaningful, fulfilling life. The VA has determined that all of its mental health services will
eventually move to recovery-oriented care, but the VRC is the first and currently only rotation to offer training in this progressive approach.

The VRC staff is comprised of a psychologist, psychiatrist, clinical social worker, registered nurse, and peer support specialist. Treatment is provided using a multi-disciplinary approach with a high level of collaboration among staff and with our clients. The intern experience in the VRC allows for involvement at all levels. Treatment delivery is primarily through the offering of interactive psychoeducational classes, including a number of evidence-based curricula, with learning experiences taking place in the classroom and out in the community. There is also ample opportunity for providing assessment, development of initial and comprehensive recovery plans, and individual therapy. The intern is considered one of the staff and as such is involved in ongoing program development, providing input that shapes the program as it grows. Major and minor rotations are available.

Substance Abuse Treatment Center (SATC)
The VAMC Substance Abuse Treatment Center (SATC) provides a continuum of specialized substance abuse treatment services within a comprehensive treatment program for veterans with active substance use disorders. Services provided by interns may include intake assessment; inpatient and outpatient consultation; case management, treatment planning, and participation on a multidisciplinary treatment team; patient education, individual, and group therapies; and outreach.

The intern follows selected cases from initial contact, engagement in treatment, continuing care, and discharge. The intern has the opportunity for a variety of clinical experiences in the Substance Abuse Clinic Intensive Outpatient (SAC IOP) program, which is targeted for the veteran at a high risk for relapse and in need of a structured and supportive therapeutic milieu to provide ongoing stabilization and psychosocial rehabilitation. The intern will also provide continuing care in the SAC regular outpatient treatment program, which is targeted for maintenance of a drug-free lifestyle. SAC provides several special treatment tracks and/or groups, including extended opioid substitution therapy in addition to groups for women, PTSD, CMI, affect management, Seniors in Recovery, 12-step facilitation, and Native American veterans. Attention is given toward utilizing social and community support systems to bridge patients from formal treatment into extended recovery within the community. By the end of the SATC rotation, the intern will sharpen assessment, individual, and group therapy skills in the area of specialized substance abuse treatment.

Trauma and Deployment Recovery Services (TDRS)
The Trauma and Deployment Recovery Services is a newly integrated interdisciplinary team from the former Post Traumatic Stress Recovery Program and the OEF/OIF/OND Readjustment Program. The focus of this program is to provide specialized outpatient services to veterans who are having difficulty coping with military related trauma. These veterans are at particularly high risk for PTSD and other anxiety disorders as well as depression and TBI. Along with helping returning veterans from the conflicts in Iraq and Afghanistan, veterans from previous conflicts are also served. Military Sexual Trauma is also an important emphasis.

The treatment team consists of four Clinical Psychologists, a full and two part time Psychiatrists, a Physician Assistant, and four Licensed Clinical Social Workers. The focus is on providing short term, evidenced-based treatment as part of an interdisciplinary treatment team. The primary treatment modalities are individual and group psychotherapy, but psychoeducational groups are also offered. The trainee may have an opportunity to be involved in outreach activities to OEF/OIF/OND veterans and training to community agencies and other treatment facilities about the needs of OEF/OIF/OND veterans.
Theoretical orientations and corresponding interventions are mostly cognitive and cognitive-behavioral. The rotation places an emphasis on learning evidence based practices for the treatment of PTSD.

**TRAINING ACTIVITIES**

**Seminars**
The internship offers several seminars, some yearlong and others for specified parts of the training year. Four seminars are required as part of the core internship program: (1) the Case-Centered Psychotherapy Seminar, (2) the Intern Assessment Seminar, (3) The Department of Psychiatry and Behavioral Sciences Grand Rounds (4) the Director's Meeting. Psychology interns attend other didactic experiences which are rotation specific.

**Case-Centered Psychotherapy Seminar**
This seminar meets weekly for one and one-half hours and is attended by all psychology interns. The focus of this conference is on psychotherapy cases carried either by a faculty member or by an intern. This seminar is practice based and has two major areas of focus. The first area consists of presentations by faculty members of psychotherapy cases they are seeing or have seen or of particular approaches they use in the treatment of certain populations. During the sessions presented by faculty members, specific theoretical approaches are covered (cognitive-behavioral therapy, behavioral modification, dynamically oriented therapy, family therapy, etc.). The goal of the session is to illustrate how these very experienced psychotherapists conduct therapy.

The second area involves presentations by each of the interns. Each intern will present a case they are currently seeing. Other interns and the faculty present will then discuss the case. During the course of the year, the intern will present a total of two times. The goal of the session is to give the intern experience doing professional level case write-ups and presentations. Interns not presenting that week are given the opportunity to develop their skills as case discussants.

**Intern Assessment Seminar**
The Intern Assessment Seminar meets weekly for two hours focusing on the general area of clinical assessment. It focuses primarily on assessment for much of the year and a number of sessions deal specifically with the clinical assessment of children. The child section is designed to assist the intern in the basics of interpretation of testing materials as applied to children. Approximately one month of the Intern Assessment Seminar concerns Neuropsychology. The object of this section is to increase interns’ knowledge of neuropsychology through the clinical presentation of patients with neuropathology. The interns are introduced to basic concepts in neurology and neuropsychology so that principles of brain-behavior relationship can be applied to the neurodiagnostic process. Approximately three months of the seminar are devoted to the interpretation of psychological tests as applied to adolescents and adults. The principal format in these presentations actual case material and will demonstrate the special issues involved in testing child, adolescent, and adult patients. The seminar also includes presentations on professional ethics, sociocultural issues, managed care, and other professional issues. An important aspect of this seminar is the intern group chooses the topics for the last three or four months of the seminar and suggests possible faculty members to present.

**The Department of Psychiatry Behavioral Medicine Grand Rounds**
The Behavioral Medicine Teaching conference is a series, which includes presentations of clinical case studies, research, and current issues in psychiatry and the behavioral sciences. Departmental faculty and staff, as well as faculty from other Health Sciences Center departments and visiting professors from throughout the country, present in this series. This conference meets one hour a month.
Parent-Child Interaction Therapy (PCIT) Seminar
Seminar participants will review the theoretical and empirical basis of PCIT and cover the basic skills required to conduct PCIT with fidelity. We will work toward mastery of skills required to complete certification as a PCIT therapist through PCIT International. However, participation in seminar is not sufficient for certification; interested trainees will need to take on additional PCIT cases in co-therapy or under supervision in order to become certified.

During the first five weeks, participants will participate in lectures and interactive activities that outline the basic theory and procedures of PCIT and allow participants to practice these skills. Upon completion of the didactic series, seminar participants will be placed in teams of three to four to jointly see a PCIT case. Course instructors will serve as lead therapists on the cases, with team members gradually assuming more responsibility as co-therapists. Case notes and other paperwork will be rotated among team members and should be completed weekly. Additional didactic sessions will be scheduled as needed. Teams that have weeks in which their patient does not attend will receive additional didactic training. The seminar will conclude when all team cases have been completed, although requirements are flexible if cases last into subsequent rotations.

Meeting Times: Wednesdays, 4 pm to 6 pm at Child Study Center from August – case completion (typically crosses from rotation 1 into rotation 2)

OUTPATIENT PSYCHOTHERAPY ACTIVITIES
As previously indicated (see Scope of the Internship Program in the general description of the internship), each intern is encouraged to devote a minimum of five hours per week in individual or group psychotherapy beyond the psychotherapy experience received on individual rotations. The intern’s primary supervisor supervises this psychotherapy.

The intern selects a primary supervisor (i.e., long term supervisor) and meets at least one hour per week with this supervisor. Please note the intern chooses the supervisor rather than having one assigned. In this way interns can select a mentor whose theoretical orientation and style fits well with their goals for internship.
SUPERVISION

Evaluation Policies and Procedures.

At the beginning of the internship year, each intern's past academic training, experience, and skills are examined by the primary supervisor. The supervisor confers with the intern to evaluate the intern's basic skills and professional aspirations. The information gained is then used in planning the interns' training experiences. As stated earlier, the intern's choices are given significant importance in rotation selection; however, other factors such as funding source, other interns' preferences, and limitations on the number of interns on any given rotation are considered.

The intern's rotation supervisors, and others who have professional contact with the intern, evaluate the intern's performance on each rotation. Feedback regarding each evaluation is provided to the intern.

The Psychology Training Faculty thinks evaluation supervision is a two-way street and actively seeks regular feedback from the interns concerning their supervision, training activities, and the quality of the seminars. This information is used to improve the internship experiences. The University of Oklahoma Health Sciences Center awards an official certificate to the intern upon successful completion of the internship.

Psychology Training Faculty (PTF)

Although the internship director has overall responsibility for the internship program, input from the Psychology Training Faculty is obtained. The PTF is chaired by the Director of Internship and all of the psychologists who have direct clinical contact with interns. Because intern input is of crucial importance, an intern representative attends these meetings.

The faculty meets monthly, usually on the fourth Tuesday of the month. The interns select one representative to attend these meetings.

A half-day retreat is held near the end of the internship year to allow the Psychology Training Faculty members and interns to (a) evaluate the current training year's activities and (b) plan for the next year's program.
INTERN STIPENDS, BENEFITS, AND SUPPORT
The OUHSC internship offers the stipends and fringe benefits described below. Intern salary stipends are determined each year and are published on the APPIC website and also presented in this brochure.

A. Stipend level: 2016-2017 $23,600 for the University of Oklahoma Health Sciences Center Neuropsychology and Pediatric Child Clinical Psychology; VA Interns receive $23,974.

B. Benefits: Student benefits include library and parking privileges for VA funded interns and use of the Family Medicine Clinic for Outpatient Health Services on a fee for service basis. The Department provides Student Health Insurance for all non-VA interns. VA interns can elect to receive health insurance through the VA; the VA pays a portion of the health insurance. VA interns make their health insurance selection from a number of insurance choices during VA orientation. This insurance then becomes effective approximately two weeks after that selection. Health Insurance for all other interns becomes effective July 1.

C. Vacation and Academic Leave: 15 working days. Sick Leave 13 days

D. Liability Insurance: The Department provides professional liability insurance.
DEPARTMENT OF PSYCHIATRY AND BEHAVIORAL SCIENCES
FULL-TIME FACULTY 2016-2017

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This brochure was updated in September 19, 2016 and describes our Program at that time. Obviously, we reserve the right to change/modify our program as situations change over time.