

Oklahoma Center for Neuroscience

March 19, 2019 Neuro Night Summary

“The Healthy Aging Brain”



The event panel: Dr. Rajesh Sharma, Dr. Donald Courtney, Dr. Tom Teasdale.

Dear OCNS Participant,

Three expert panelists presented THE HEALTHY AGING BRAIN for the March Neuro Night evening at the Fountains at Canterbury in partnership with the Oklahoma Center for Neuroscience. Drs. Donald Courtney, MD, Rajesh Sharma, MD, PhD, and Thomas Teasdale, DPH, each presented unique aspects of healthy aging for the brain. Dr. Courtney spoke about the five domains of cognition including memory and how sensory deficits may impact the making of new memories in older age. Dr. Sharma addressed the neuroanatomical and neurophysiological changes of the brain in age and how a reduction in neurons affects functions and the role of depression in cognitive decline. Dr. Teasdale described the role of public health monitoring in population health including healthy aging of the nervous system and brain. Creation of policies and partnerships in public health contribute to improvement in the brain health of a given population. Our OCNS graduate student greeted guests at the entrance and the audience asked many intelligent questions of the panelists after the main presentation.

Please join us for the April 18 Neuro Night presentation coming up!

Sincerely, John