

OU Physicians Building

825 NE 10th, Suite 2400, Oklahoma City, OK 73104

If you have any questions or need to change your appointment please call

271-8737

Patient Instructions for EGD

Patient _____

The day before the exam:

1. Eat a light evening meal.
2. Do not eat or drink anything after Midnight except your medications.
3. If you take Insulin, consult with your primary care physician or your referring physician for instructions and bring your insulin with you. If you take other diabetic medications do not take your diabetic pills on the morning of the test.

The day of the exam:

1. DO NOT EAT OR DRINK anything except your medications.
2. Come to the Diagnostic Center at OU Medical Center. This is located in the front, on the northeast end of the building, first floor.
3. You MUST have someone with you to drive you home as medications will be given that will make you too drowsy to drive. A staff member must verify that the driver is present or the test cannot be done.
4. Plan to arrive on time, as your appointment is scheduled to allow time for registration before the procedure. Please bring your insurance card and a photo ID. If you have any medical records from another hospital or clinic please bring them with you. Also bring a complete list of all medications you are taking. The length of time for procedures can vary but you can expect to be here from 2 to 4 hours.

Appt date _____ **Physician** _____

Arrival Time _____ **Procedure time** _____