

Parent Resources

OITP Support Programs for NICU Families

Community Agency Resources

- Infant Crisis Services, Inc.
- 2-1-1 Oklahoma: System for information and referral to community services
- <u>Sooner Success Program</u>. Get help to access supports, services and resources for children and youth, birth to 21, with developmental disabilities, chronic health care needs, mental health needs and/or abuse/neglect issues
- <u>Frequently Needed Information</u>
 - WIC program
 - SoonerStart Early Intervention
 - County Health Departments
 - Child Guidance Service
 - Birth Certificates
 - Immunization Information

Financial Resources

Tax Equity and Fiscal Responsibility Act (TEFRA)

Parent Support Sites

- Hand to Hold | NICU Babies and Parent Support
- <u>Tiniest Sooners</u>

Hospital and Clinic information

- Oklahoma Children's Hospital OU Health
- <u>Neonatal Intensive Care Unit (NICU)</u>

Breastfeeding support

- Oklahoma Children's Lactation Services & Breastfeeding
- Oklahoma State Department of Health Breastfeeding Support

Hispanic Family Resources

Latino Community Development Agency

Family to Family Support

- Oklahoma Family Network
- Down Syndrome Association of Central Oklahoma

Family Workshop program

• <u>Family Expectations</u>: a free workshop for parents expecting a baby and parents with babies up to 3 months of age.

Transportation Resource

• <u>SoonerRide</u>: Transportation to and from the hospital for procedures while your baby is in the NICU and for medical appointments after discharge home

Online SoonerCare

Medicaid Medical Coverage

Depression Resources

<u>Community information about postpartum depression and PTSD</u>

Counseling Resources

- Sunbeam Family Services
- <u>Variety Care Straka Terrace</u>
- <u>NorthCare</u>
- HOPE Community Services

Free Diapers and Formula Resources

- Hope Center of Edmond Edmond residents only (405) 348-1340
- All Things Baby Clothing, diapers and furniture (405) 285-6245
- Adventist Community Services Diapers and formula (405) 721-6110
- Christian Services Center Diapers and formula (405) 236-5956
- Master's Market Diapers only (405) 737-2010
- Oklahoma City Compassion, Inc. (405) 524-8082
- Center for Children and Families (405) 364-1420

Food Resources

- <u>Regional Food Bank of Oklahoma</u>
- OK Food Pantries